

The **AADH** Times

Winter 2005-06

Volume 11, Issue 2

President's Message: Joyce Turcotte, RDH, M.Ed.

Happy New Year 2006! It promises to be another year of growth for the Academy. Operating with a full slate of officers and committee chairs, holding conference calls and producing newsletters strengthens communication throughout the membership. With a new website soon to emerge, information will be easier to access. If you are interested in receiving a list of AADH members, please contact Nancy Barnes, Executive Director.

I am proud to be President of the Academy, in company of its distinguished members that are movers and shakers in the profession. Our member's names appear repeatedly in articles, on editorial boards, and as continuing education presenters. The leadership diversity of AADH members in dental hygiene is also impressive-serving as educators, ADHA constituent presidents, corporate management, board examiners and commissioners, consultants, authors and more.

Please read the newsletter to see what is happening with the Academy and its members. Patti DiGangi and Harriet Ludjin have done a fine job with improving the appearance and format. I encourage you to send them news about your accomplishments or what is going on in your state. It is a great way to spread the word! I look forward to seeing you at annual session in July at the Under One Roof.

Make Your Reservation NOW for 2006 AADH Annual Session

**AADH Annual Session July 26-28, 2006
at RDH Magazine's UOR Meeting
in Las Vegas www.rdhunderoneroof.com**



RDH Under One Roof
Las Vegas 2006
Rio Hotel & Casino | Las Vegas, Nevada | July 26-28, 2006

it's Fabulous!

Earn up to 21 CEU's!
For more information
or to register online visit
www.rdhunderoneroof.com

An activity-packed event,
RDH Under One Roof features:

- Educational conference sessions
- Hands-on workshops
- Leading dental hygiene exhibitors
- Complimentary receptions
- Complimentary lunches on Thursday and Friday

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AADH Continues Growing & Welcomes New Members

- Kimberly Benkert, IL
- Betsy Reynolds, ID
- Carla Gantz, KY
- Tricia Osuna, CA
- Shirley Gutkowski, WI
- Lynn Southerland, TX
- Anne N. Guignon, TX
- Mary Kellerman, MA
- Shirley Birenz, NJ
- Diane Thomas, HI



**2005 AADH Annual Session at RDH
Magazine's Under One Roof Meeting in
Chicago**



AMERICAN ACADEMY OF DENTAL HYGIENE, INC.

Professional growth through leadership, mentorship, and fellowship

AADH Leaders Meet at ADHA in Las Vegas June 05

AADH Members Kristen Simmons and Tammy Filipiak were appointed to serve on the ADHA Regulation and Practice council which met in November in Chicago. The council works to update the ADHA strategic plan by developing new strategies. This was the first experience for both Kristen and Tammy.



<Council dinner with Kristen Simmons on the far right with Tammy Filipiak 3rd from left.



(Left to Right) ADHA President Katie Dawson, AADH Member Tammy Filipiak, ADHA President-Elect Marge Green



<ADHA Council Regulation and Practice

AADH Members

Relaxing
Having Fun
Enjoying Seeing and
Meeting
Each Other
At
Annual Session
at UOR in Chicago



News from Connecticut



Member Leslie Andrews, RDH, MBA was installed as President of the CT Dental Hygiene Association at the annual Nutmeg Conference, Oct. 29, 2005. She will serve a one year term. Her theme for the year is **Practice Participation - with passion and pride!!!** She succeeds Wendy Grove, RDH, MEd. also a member of AADH.

Also newsworthy - local anesthesia and mandibular block-legal in CT, effective October 1, 2005. In Access magazine Sept/Oct. issue on page 39, the AADH members appeared in a photo with Governor Rell of CT to sign HB 6819 into law for local anesthesia. See members Leslie Andrews, Wendy Grove, Wanda Nelson and our AADH President Joyce Turcotte. (See picture on right.)



The Connecticut Dental Hygienists' Association at a signing ceremony for House Bill 6819, the local anesthesia bill. Standing, left to right: Wendy Grove, RDH, MEd; Joyce Turcotte, RDH, MEd; Beth Grabowicz, CDA, RDH; Leslie Andrews, RDH, MBA; Marcia Lorentzen, RDH, MS; Wanda Nelson, RDH, MS; and Diane Dimmock, RDH, BS. Seated is Governor Jodi Rell.

President Turcotte on AADH E-Mail Etiquette for Improved Communication

With all the emails that we exchange, I would like to recommend the following suggestions for improving communication.

- When sending an inquiry email to a group which requires a reply from all, please "reply to all" in your response.
- When a question/issue pertains to the budget or administration, please direct your correspondence to that individual. If you are directing your question/point to me for consult, please "copy" the person in charge of that "department".
- Please state your purpose of communication and AADH in the Subject Header.
- Please copy Mary Calka on pertinent emails sent to me. As incoming President in July 06, she needs to be included in vital discussions.
- Please check your emails regularly and reply in a timely manner. Your input is critical to moving this organization forward.

Finally, I'm "filing a missing person's report". Please provide an email address of any member not included whose address you may know to Executive Director Barnes and President Turcotte.



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Hello from Newly Approved AADH CE Provider CE Space

Dear Colleague,

As fellow dental hygienists, we know that staying current with the latest information and satisfying your state licensure requirements for CE is no easy task, especially while trying to balance our professional and personal lives. Therefore, we are proud to introduce you to CE Space, an online CE center offering additional information on dental hygiene related products and professional profiles for those who want to take their expertise to another area. Our main goal is to provide you with non-commercial, practical information that is easy to access anytime you choose and a simple way for you to adhere to your state CE requirements by offering instant verification of credit and the ability to have a printable record of your earned CE right at your fingertips.

CE Space is a site that was developed and designed by dental hygienists. We hope that you will consider supporting us in this venture by seeing what we have to offer. To introduce you to the quality of our courses and to encourage you to see how simple CE Space is to use, we would like to present you with our launch offer; please see the attached document for details. As a "thank you" for your support we will offer a complimentary CE course to those who use CE Space on a regular basis; full details are listed in the virtual classroom under "Club CE".

Visit us at www.cespace.com There is an online suggestion box and survey and we encourage you to share your thoughts. We will continue to grow into a valuable resource that you can depend on.

The CE Space Team

www.cespace.com



12/4/05 Student Dental Hygiene Table Demonstrations

Students from Farmingdale State University of New York, Hostos Community College, New York City College of Technology and New York University were participants. 1st Place: "Periodontal Disease and Nosocomial Infections in Medically Compromised Patients" Second place: Sjogren's Syndrome and 3rd place: "Eating Disorders and Oral Health"

Above: ADHA President, Katie Dawson are Left to Right Agnieszka Cousins, Professor Marilyn Cortell, Andrea Papp, Tsewang Lhamo and Anaika Forbes Grant

To right: Students Left to Right 1st Place Tsewang Lhamo, Anaika Forbes Grant, Samantha Garcia, Tania Au, 2nd place Andrea Papp, Agnieszka Cousins



News & Important Information from Executive Director Nancy Barnes:

There are a number of activities happening in the area of Dental Hygiene Education.

- **AADH announces** the approval of a new sponsor of continuing education that will be done through the Internet. CE Space acceptance as a provider has opened a new venue for dental hygienists to receive important educational information that will enhance their professional growth. The information can be gathered by logging on at www.cespace.com. (See welcome note Page 4)
- **ADHA's Center for Lifelong Learning** is hosting with Eastern Washington University three days of education February 3-5, 2006 in Spokane, WA. *Trends and Techniques in Technology: Advancing Children's Oral Health* is an innovative and exciting program designed to give you the chance to learn about the latest oral health developments. The American Dental Hygienists' Association has been approved as a sponsor of continuing education for this meeting as well as others presented this coming year. Look for complete information on this year's Center for Lifelong Learning program and register to attend at www.adha.org
- **New Website Coming:** I have been working with a WEB designer to create a new site for the ACADEMY. We have been very lucky over the past five plus years to have had the assistance of now president Joyce Turcotte to link www.PLS.org with information about the AADH (ACADEMY). We are now getting ready to spread our wings.
- **CDC Health Protection:** Opportunity to comment on the new CDC Health Protection Research Guide, 2006-2015. There is a 60 Day Public Comment Period from Friday, November 18, 2005, thru January 15, 2006, for those in the health profession to respond to the updates that have been proposed. The Research Guide will provide a comprehensive, long-range vision of national and global health needs that the CDC and its partners can address through research. The Research Guide will help identify critical knowledge needed to achieve CDC's new health Protection Goals which are designed to maximize the health impact of programs, services, and emergency responses. Please Click on the link below to review the Research guide and Submit your Comments: www.rsvpBook.com/custom_pages/50942/index.php Your comments, along with those from our partners, stakeholders and the public, will be considered to produce the final version the Research Guide, expected to be completed in early 2006. We appreciate your efforts in helping to create the best possible Research Guide for the CDC!

Please help us get the word out! Disseminate this information to your colleagues and partners.

Encourage all to review the Research Guide and submit written comments.

For more information contact: Jamila Rashid, Ph.D., MPH Office of Public Health research (OPHR)/CDC.1600 Clifton Road, NE Mailstop D-72, Atlanta, GA 30333. phone: 404 639-4631 fax: 404 639-4903 [re-searchguide@cdc.gov](mailto:searchguide@cdc.gov) or <http://www.cdc.gov/od/ophr>



Department of Health and Human Services

Centers for Disease Control and Prevention

The Public Relations Committee Promotes AADH in 2005 **By Leslie Andrews RDH MBA – Public Relations Chair**

Our future is growth and the Public Relations Committee's goal is to facilitate that. Two excellent opportunities presented themselves this past year. First, AADH members attended the RDH Under One Roof conference in Chicago this summer where our Annual Business Meeting was held. AADH was proud to provide the CE Certification for all the CE's for this extraordinary 3-day meeting. The PR Committee had an exhibit table for the duration of the conference so we set up our temporary table top display. This allowed Academy members the opportunity to speak with conference attendees, educate them about the mission of our organization and encourage them to join. The table top showed members in our various roles along with our mission and goals. Due to the success of this venue, we are working on repeating it in Las Vegas next summer. In the meantime, the PR Committee has a lead on a brand new professional table top display. A proposal has been submitted to the AADH Board to consider funding it within this fiscal year so we can debut it in 2006.

The second initiative for the PR Committee is a PowerPoint slide created for our many CE speakers who provide continuing education all year long. A single slide with the AADH logo and mission is in its initial stages and awaiting AADH Board approval. They will provide free publicity for the Academy presented by dental hygiene's finest CE speakers – our AADH members! Watch in 2006 for both these initiatives.

News from New Member

Shirley Gutkowski, RDH, BSDH is happy to report on a couple of different items. The book she co-authored with Amy Nieves, RDH, is doing well. The target market for the book is new graduates. Some DH programs have incorporated *The Purple Guide: Developing Your Clinical Dental Hygiene Career* into their program. The book can be purchased at www.rdhpurpleguide.com



This quarter Shirley has contacted the publisher of a text book for Certified Nursing Assistants to review the section on oral care. You'll be happy to know that the author was so excited to have the information that she took it to her university dental department for review too. Shirley is also President Elect of the Wisconsin Dental Hygienists Association. Her term as president will begin in September 2006. Additionally her CE presentations have been well attended across the country. She'll be speaking in Germany in May of 2006. Her bags will be carried by her son so that position is filled.

Shirley Gutkowski, RDH, BSDH

President-elect Wisconsin Dental Hygienists Association

www.shirleygutkowskirhdh.com

Co author: *The Purple Guide: Developing Your Clinical Dental Hygiene Career*



AMERICAN ACADEMY OF DENTAL HYGIENE, INC.

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AADH President Joyce Turcotte Joins Historic Dedication to Esther M. Wilkins



Thank you for attending the historic dedication of the Esther M. Wilkins Forsyth Dental Hygiene Clinic. This event served as a fitting tribute to Dr. Wilkins for her life-long commitment to advance the discipline of dental hygiene education. Your attendance had a profound, heartfelt impact upon Dr. Wilkins.

The opening of the dental hygiene clinic and introduction of an innovative academic curriculum signals the dawn of a new era for the renowned MCPHS Forsyth Dental Hygiene Program. Our students and faculty members are excited about the opportunity to work together to achieve excellence in dental hygiene education within this marvelous new facility.

Several speakers noted that this event also marked the kick-off of a Campaign for the MCPHS Forsyth Dental Hygiene Program. In the near future, Campaign Committee members will reach out to alumni, friends, corporate partners and others. This campaign is designed to help fund new curricular initiatives and technology acquisition. I hope that you will lend your support to the campaign, for the benefit of the program and as an enduring commendation of Dr. Wilkins.

Sincerely,

CHARLES F. MONAHAN JR.
PRESIDENT

Members Writing, Editing, Making a Difference in the World of Dental Hygiene

Congratulations to our members who have achieved recognition through their service in publishing.



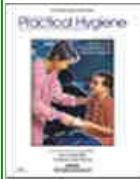
Contemporary Oral Hygiene

- Monthly column by Shirley Gutkowski
October 05
- Features articles by Patti DiGangi, Shirley Gutkowski & Ann-Marie DePalma



Dimensions of Dental Hygiene

- September and November 05
- Feature articles by Claudia Turcotte



Journal of Practical Hygiene

- October 05
- Feature article by Ann-Marie DePalma
- Special feature by Patti DiGangi



RDH Magazine

- Monthly columns by Anne Guignon and Ann-Marie DePalma
September 05
- Feature articles by Patti DiGangi & Anne Guignon
November & December 05
- Feature articles by Patti DiGangi

RDHeVillage Newsletter



August 05

- Article by Patti DiGangi
- September 05
- Special Feature AADH at UOR by Ann-Marie DePalma
- Articles by Anne Guignon & Patti DiGangi

December 05: **SPECIAL NEWS:** It was announced in [Readers' Choices](#) for the best articles and products that appeared in RDH eVillage during 2005 winner Ann-Marie DePalma for her May 2005 contribution. Congratulations Ann-Marie!!



Members Winnie Furnari and Mary Calka were offered the opportunity to serve as a member of the Access Editorial Board for 2006-2007. Access, the national magazine of the American Dental Hygienists' Association publishes ten issues each year and each issue circulates to over 55,000 registered dental hygienists as well as thousands of students who are members of the Student American Dental Hygienists' Association and corporations who support the dental hygiene profession. The commitment is for two years.

Please Note: The editors apologize if any members were missed. Please submit news of your publications to President Turcotte or Executive Director Barnes.

An Exciting Time to be a Registered Dental Hygienist by President-Elect Mary Calka

What an exciting time to be a Registered Dental Hygienist! The advanced practice of dental hygiene is in the curriculum development stage and soon hygienists will provide more services to the public than ever before. The impact of research findings on the practice of dental hygiene is only a test away. Imagine being able to recommend preventive treatment plans for children after receiving the results of a caries test.! Who would have thought we would have the ability to grow our own replacement teeth? And a vaccine to prevent periodontal disease - who would have guessed that would be possible? Picture this cell therapy for the treatment of periodontal disease -- Wow! If this doesn't speak volumes for the research/science community and it's impact on dentistry – I don't know what does.

These are just a few facts I learned while attending the RDH Under One Roof Meeting in Chicago in July. The three days were filled with one opportunity after the next. As a first time attendee I was amazed at how much fun can be combined with learning the latest about evidence based research and mingling with corporate representatives eager to show their cutting edge technologies. The networking opportunities were limitless.



This year the American Academy of Dental Hygiene formed a partnership with PennWell and the Under One Roof Meeting. What an appropriate setting for the Academy to host it's annual meeting. We were able to share the mission of our organization along with our goals and objectives for the future with our new and potential members. Time was spent networking with colleagues, participating in a continuing education program and discussing Academy business.

While listening to each hygienist in the room introduce themselves, I was overwhelmed by a sense of pride. Sharing the knowledge of their role in the advancement of the profession of dental hygiene was amazing; these hygienists were my colleagues and friends—talk about fellowship! At one point I remember thinking how much I have learned over the years from my mentors. Many of whom were in the room. The mission of the American Academy of Dental Hygiene is “Professional growth through knowledge, leadership, mentorship and fellowship.”

I joined the American Academy of Dental Hygiene in the early 1990's. Since that time I have worked on a number of committees, served as a member of the governing council and have made a commitment to serve this year as President-Elect. My participation in professional organizations has given me the opportunity to explore and grow in ways I never imagined possible. I've worked outside of my clinical dental hygiene practice comfort zone with two major corporations as a consultant only because I networked with colleagues I met through my work as a volunteer in dental hygiene organizations. My professional affiliations have led me down a path of discovering the best people in the world to know- Registered Dental Hygienists; the people I refer to as friends and colleagues.

So in closing I would like to encourage each of you to consider participating in a professional organization. It is the best investment you will make in your professional life.

Coming Together to Create Magic

By Anne N. Guignon, RDH, MPH

The 2005 hurricanes disrupted lives all along the Gulf and Atlantic coasts. Events of this magnitude cause every one to pause, reflect and wonder how best to help those whose lives have been disrupted so dramatically. It is obvious to donate money, time and goods to know charities. One often wonders if the efforts really created a positive impact or eased immediate suffering. Dental hygienists who are members of the on line e-mail group at www.Amysrdhlist.com know that four colleagues had much needed funds wired directly into their bank accounts within days of being affected by these terrible storms.

Two days after Katrina hit, list owner, Amy Nieves received a distressing e-mail from Pearl River Community College senior dental hygiene student, Andrea Dedeaux. Andrea and her family lived right on the Mississippi coast and their community was devastated. The following day, New Orleans resident, Alison Armbruster, reported she evacuated her Lake Pontchartrain area home, seeking shelter in Dallas.



Within in hours Amy set a plan in motion to collect funds for Listers in need. It was important to collect as much money as possible, quickly and easily. Within two days, nearly \$6,000 were collected.

Hurricanes Rita and Wilma paid their respects to Texas and Florida several weeks later. Donations started to pour in again and we began efforts to make the fund permanent and acquire non-profit status. These efforts take time and money; however, it is certain that some type of life-altering disaster will strike another lister in the future.

Even though individual donations are coming in sporadically at this point, funds are being raised in other ways. AADH Member Ann-Marie and Amy have written pieces and donated their proceeds. Various groups and individuals have donated profits from sales of t-shirts, jewelry and RDH calendars to the fund. SDS Orascoptic pledged a pair of magnification loupes that are raffled off at each of my programs. The August cover on RDH Magazine is up for raffle until the middle of May.

As of mid January, over \$18,000 has been collected and \$14,000 dispersed to the Listers in need. Our immediate goals were realized. We raised enough funds to help four hygienists stay afloat mentally, physically, emotionally and financially. We intend to keep as close to this goal as possible as we move forward with developing a permanent relief fund for members of the Amy RDH e-mail list. For more information, check the archives at www.amysrdh.com site or www.anneguignon.com and please join us in our efforts to make a difference!

Professional Learning Services
31 Lois Circle
Monroe, CT 06468
203-261-2857
Fax 203-459-2911



2006 Dental Continuing Education Courses

REGISTER and get travel directions On line at www.pls.org

AGD PACE, AADH AND DANB CE APPROVED

- ~Tuesday, March 14, 2006; 7:00 - 9:00 pm; **Need Based Local Anesthesia For Non Surgical Periodontal Therapy**; (2 CEU's) \$49; Courtyard Marriott; Orange, CT; **Tom McGivern, RDH, BS**
- ~Sunday, March 26, 2006; 9:00 am -12:30 pm; **Caring for Your Patients with Xerostomia** (4 CEU's and Brunch) \$89; Trumbull Marriott, CT; **Shannon Nanne, RDH**
- ~Saturday, April 1, 2006; 9:00 am - 12:30 pm; **Dealing with Modern Day Patient Issues**; (4 CEU's) \$85; Water's Edge, Westbrook, CT; **Betsy Reynolds, RDH, MS**
- ~Thursday, April 6, 2006; 7:00 - 9:00 pm; **Understanding Hormone Related Problems that Affect Oral Health**; (2 CEU's) \$49; Doubletree Inn, Norwalk; CT; **Robert Zembroski, DC, DACNB**
- ~Wednesday, April 26, 2006; 7:00 - 9:45 pm; **Substance Abuse** (3 CEU's) \$69; Holiday Inn; North Haven, CT; **Gwen Grosso, RDH, MS and John Hamilton, LMFT, LADC**
- ~Wednesday, May 3, 2006; 9:00 am - 12:30 pm; **Facilitating Patient Adherence for Oral Health** (4 CEU's) \$85 Courtyard Marriott; Waterbury, CT; **Rebecca H. Lang, RDH, EdD, CHES**

CRUISE AND 12 CEU's July 15-23, 2006. Call For Details or visit www.PLS.org

- ~Sunday, September 17, 2006; 9:00 am -12:30 pm; **Facial Trauma, Medical Emergencies and Troubleshooting Local Anesthesia** (4 CEU's & Brunch) \$89 Crown Plaza, Cromwell, CT; **Dr. Monica Torrenegra**
- ~Friday, October 6, 2006; 9:00 am - 12:30 pm **Holistic Health: Taking Care of Your Patients and Yourself** (4 CEU's) \$89; Water's Edge Resort, Westbrook, CT; **Linda Meeuwenburg RDH, MA**
- ~Wednesday, November 8, 2006; 9:00 am - 4:00 pm; **Periodontal Treatment for Your Patients: What's the Future, What's the Risk** (6 CEU's and Lunch) \$139; Courtyard Marriott, Cromwell, CT; **Rebecca Wilder RDH, MS**

New listings added to website throughout the year!

REGISTER ON LINE- www.pls.org

Checks payable to PLS; mail to PLS, 31 Lois Circle; Monroe, CT 06468 OR Bill to credit card

www.pls.org