



Winter ~ 2013

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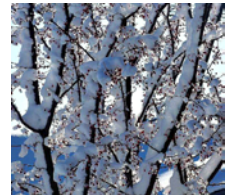
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The second AADH Times, digital edition, is packed full of information! We hope you enjoy the new format and content. Our goal is to provide members with information in a timely fashion, while advancing the mission and goals of the AADH. Let us know how we are doing!



Quick Links

[AADH Membership/Fellowship](#)

[AADH CE Provider Program](#)

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GC Responds to Members' Request!

The AADH Governing Council (GC) and Executive Committee met via conference call on January 23, 2013. The GC confirmed the new time and format for the AADH Annual Business meeting. The 2013 meeting will be held in conjunction with RDH Under One Roof on Tuesday, July 16, 2013 from 3:00 pm - 5:30 pm. The meeting will include a Networking opportunity from 3:00 pm - 3:30 pm. The meeting time frame does not conflict with any other events at Under One Roof and will provide the opportunity for those in attendance to take advantage of all sessions. This change was at the request of those in attendance at the 2012 AADH Annual Meeting. The GC looks forward to increased participation and opportunity for more member input.

Members in the News

Members In The News

Congratulations to AADH members, Tammy Filipiak, RDH, MS, Trisha O'Hehir, RDH, BS, Karen Raposa, RDH, MBA and Millie Thaw, RDH. They are an inspiration to the profession and AADH is proud to have them as members.

[Click here to view their outstanding accomplishments.](#)

Other business included selecting the speaker, out of 5 submissions, for the AADH General Session at Under One Roof, discussion of proposed bylaw amendments and administrative processes. In addition, the President is in the process of appointing the AADH Steering Committee on Accreditation, if interested in this appointment, please email Kristy. For full minutes or information regarding AADH activities, please contact President, Kristy Menage Bernie, at [Kristy Menage Bernie](#)

Upcoming Governing Council call/meeting dates: April 17th and June 12th.

Congratulations & Welcome!

GC Approves New Members

Join us in welcoming 5 new members to the AADH!

[Click here to view New Member profiles.](#)

The talent of AADH membership is abundant - do you know a talented, future focused colleague who would be a great AADH member? Please email me at [llynn@earthlink.net](#)

Beyond the Chair!
LEADERSHIP TALENT WANTED!



As President-Elect of the American Academy of Dental Hygiene, I am responsible, along with the Nominations Committee, for recruiting members for the vacant positions in the governing board of this Academy. This year we will be electing a Secretary and 3 members for the Governing Council. If you are interested in running for any of these positions, please e-mail me, Lynn Southerland at llynsids@earthlink.net.

member? Please refer them to:

[AADH Membership Application](#)

For information on how to become a fellow visit:

[AADH Fellowship Information](#)

Upcoming National Dental Hygiene Events

[100th Anniversary Celebration - ADHA CLL and Annual Session](#)



June 19 - 23, 2013
Boston, MA
Registration now open



AMERICAN ACADEMY
OF DENTAL HYGIENE

[2013 AADH Annual Business Session](#)

3:00 pm - 5:30 pm Networking Session
from
3:00-3:30 pm
July 16, 2013 · Caesars Palace, Las Vegas, NV

[RDH Under One Roof](#)

July 17 - 19, 2013 · Caesars Palace, Las Vegas
Registration is now open!



Call for 2014 ADHA CE for CLL

Call for 2014 Continuing Education Program Proposals is underway for the ADHA Center for Lifelong Learning and 91st Annual Session, being held in Las Vegas, NV from June 18 - 24th - download the submission form at:
[CLL CE Proposal Information](#)
Submissions are due by
March 6, 2013.

Reviewers Wanted

PennWell, RDH Magazine Editor Mark Hartley is recruiting experts to review continuing education articles in RDH Magazine. Please



[Click here](#) for a description of what the responsibilities are of each position so that you may be better informed. All candidates must submit a brief biography no later than April 1, 2013.

In addition to the elected positions, there are several AADH committees that are always looking for volunteers. [Click here](#) to view the committees. Email your name and committee of interest to llsjds@earthlink.net. The President is responsible for all committee appointments. We are looking forward to evolving our leadership and accessing our multi-talented membership!

Produce Your Own Webinar with XPsquared!

XPsquared - Are you looking for the opportunity to create your own webinar? AADH has partnered with XPsquared to offer our members the opportunity to produce and have your webinar on Xpsquared. Those interested should e-mail info@xpapce.com or info@xpsquared.com or call 212-355-5535.

CoreStrength, Inc. Launches New Service Recruiting and Managing Dental Hygienists for In-Office Presentations and Training

CoreStrength, Inc., the leader in contract sales management in the dental industry, is proud to announce the launch of HygieneLink. HygieneLink recruits and trains teams of part-time and full-time dental hygienists who conduct in-office sales and training presentations, staff conventions and lead seminars on behalf of participating dental companies. "We are excited to give hygienists an organized forum to develop closer ties with dental products manufacturers", said Jeff Goodman, HygieneLink founder. Hygienists can register for FREE at: [HygieneLink](#).

AADH 2013 Annual Business Meeting and CE General Session

Business Meeting/Networking Session

Tuesday, July 16, 2013 from 3:30 pm - 5:30 pm
Caesars Palace, Las Vegas, held in conjunction with RDH Under One Roof
Open to all AADH Members and potential members
3:00 - 3:30 pm Networking Session prior to business agenda!

~ You asked...we listened! In order to avoid schedule conflicts the AADH business meeting has been moved from 8 am on the first day of Under One Roof to 3:00 pm the day prior. Many of us travel in that day and this will give more members the opportunity to participate in the business of our association. Make you plans now to arrive in time and take the opportunity to impact the future direction of AADH!

send Mark an email with your area of expertise to: [Mark Hartley](#)

In addition, they are looking for AADH members interested in submitting a CE article for RDH Magazine. An honorarium is available for both opportunities.

2013 Sponsor!



The Academy is thrilled to have the sponsorship from Philips Oral Healthcare! The makers of ZOOM whitening products, Diamond Clean, Airfloss, BreathRx, ProActive Care Tongue Cleaners, Fluoridex products, Relief ACP Oral Care Gel & PerioRx have a long history of supporting our profession! Sign up for their [Facebook page](#) to show your appreciation and be sure to [visit their web site!](#)



AADH Sponsored CE General Session
Wednesday, July 17, 2013 from 10:30 am-12:30
RDH Under One Roof · Caesars Palace
"Implementing the Standards of Clinical Dental Hygiene Practice" featuring AADH Member, Sharon Zastrow, RDH
Open to all registrants of RDH Under One Roof

~ Each year PennWell offers the AADH the opportunity to sponsor a general session at the conference. This year will feature an interactive topic that will review the ADHA Standards for Clinical Dental Hygiene Practice. [Click here](#) for the full course description. We look forward to seeing you there!



[Register here!](#)

Moving Forward....On behalf of the AADH Leadership we welcome submissions for the *TIMES*, which will be sent out 4 times a year. The next issue deadline is May 1st. Ideas for feature articles, Members in the News or letters to the Editor should be sent via email to hylife@charter.net

Angie Stone, RDH, BS, Editor
American Academy of Dental Hygiene

RSVP for the 2013 AADH Business Meeting!



Reserve your seat at our 2013 Networking Session and Business Meeting by emailing: [YES! I plan to attend!](#)
Please include your full name and any requests for agenda items. See you there!





AMERICAN ACADEMY
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TIMES

MEET AADH NEW MEMBERS!

WINTER • 2013



Phebe Blitz, RDH, MS is currently Dean of Career and Technical Education at Mesa Community College and Director of The Qualitat Institute, a firm that specializes in training organizations in Leadership and Teamwork. Her experience includes many years in private practice, education, administration, association leadership and the training industry. She has published numerous articles and authored two chapters in textbooks. Blitz has provided courses both nationally and internationally. She believes leadership skills empower people to transform their lives and the world around them.

Lisa Maisonet, RDH received her A.A.S. degree in Dental Hygiene from Montgomery County Community College and a B.S. degree from Pennsylvania College of Technology. She is enrolled in a Master's Program in Adult Education at Penn State University. Further, she is certified as an Expanded Function Dental Assistant. She is currently an Adjunct Faculty in the Dental Hygiene Program at Montgomery County Community College and was selected as a winner in Xlear's Xylitol 2012 Keynote Opinion Leader contest. Montgomery County Community College is proud to be designated as an Achieving the Dream Leader College for its commitment to student access and success.



Jill Meyer-Lippert, RDH, has over 20 years of experience as a dental assistant, receptionist and Registered Dental Hygienist. She attended The Center for Professional Development (The Business School for Dentists) in Scottsdale, Arizona and has completed the Standard Proficiency Certification on the PerioLase MVP-7 for Hygiene Laser Pocket Disinfection and Associate Fellowship Certification in the Institute for Advanced Laser Dentistry. Jill has volunteered as part of a medical/dental mission in Jean Rabel, Haiti. She earned a certificate in Oncology Management from the University of Southern Indiana and has provided patient education at a local oncology department since 2006. Jill and her husband are the owners of Side Effect Support LLC, which is dedicated to helping oncology patients manage the oral side effects of cancer treatments.

Trudy Schuckers, RDH, RDHAP, BSDH, is a practicing independently in her own private practice. Portable Hygiene, Dental Hygiene Practice of Trudy Schuckers, RDHAP enables her ability to also work with Los Angeles Regional Services providing treatment to compromised patients in group home settings. Trudy's Bachelorette Degree in Dental Hygiene was received at Southern Nevada College in Las Vegas, Nevada in 2006. In 2010, she received her RDHAP license from West L.A. College. Presently, she works with the San Fernando Valley Dental Hygienists' Society through the California Dental Hygienists' Association. With SFVDHS she has been their Treasurer, Membership Chair, and email contact since 2009. She provides seminars on oral pathology and specific to the tongue and oral cavity. Her next lecture is October 16, 2013 in Las Vegas, NV. For details to register go to: www.sndha.org. This CE information comes with an emailed handout of color pictures designed as a referral for many systemic diseases which may manifest in the mouth. She can be reached at: 661-604-8060 cell~ Email: sugars@att.net Web Site: www.portabledentalhygiene.com



Julie Seager, RDH, BSDH - Dental hygiene and preventive dentistry have been a passion for Julie since she began practicing in 1993. Currently, she is the Western Regional Xylitol Educator for Wasatch Sales Management. Here she is able to focus her efforts on spreading the word about the amazing dental and systemic health benefits of xylitol use. Along with her role as a Xylitol Educator, Julie maintains a part-time dental hygiene practice in Sacramento, California, where she specializes in caring for clients new to the United States who have previously had little or no dental care.

Julie is honored to be a new member of AADH and hopes to positively contribute to the organization.

Join us in welcoming our new members!



AMERICAN ACADEMY
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TIMES

MEMBERS IN THE NEWS!

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AADH member, Trisha O'Hehir is the co-founder of O'Hehir University, which opened its virtual doors to students January 1, 2013 at www.ohehiruniversity.com. O'Hehir University is an international, online educational institution for hygienists holding a certificate, diploma or associates degree who want to complete a Bachelor of Science Degree in Oral Health

Promotion.

The aim of O'Hehir University is to recognize the academic and clinical accomplishments of licensed/registered dental hygienists by providing a path to degree completion that enhances their success as clinicians. The curriculum follows a self-directed, projected-based path to degree completion. Students enrolled in OHU are assigned to a class of five other RDH students on the degree completion path.

For more information: trisha@ohehiruniversity.com ~ 866.821.2320



Tammy Filipiak, RDH, MS, AADH Governing Council Member was named one of *"Dimensions in Dental Hygiene's 6 RDH's to Know"*. The distinguished hygienists have all pushed the boundaries of what it means to be a dental hygienist — furthering the profession. Tammy was noted as a "Mover and Shaker" based upon her current position of the director of clinical development for Midwest and Mountain Dental, a group practice based in Mondovi, Wi, with more than 100 offices in Wisconsin, Minnesota, Illinois, Iowa, Missouri, Kansas, Colorado, and New Mexico. She works closely with the chief dental officer to advance clinical development. Filipiak directs the clinical team, researches and develops clinical treatment protocols, facilitates clinical orientation, and works with dentists, dental hygienists, and office staff to develop strategies for complete patient care within all dental practices. She also serves as the

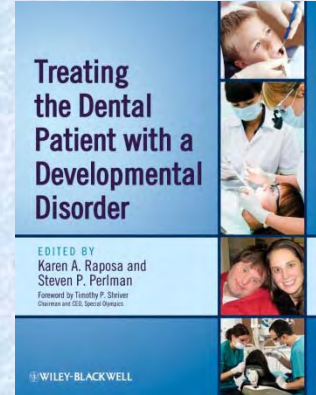
assistant compliance officer, helping to develop quality assurance initiatives, maintain a business code of ethics, and monitor the internal compliance committee.

To see the full article visit <http://www.dimensionsofdentalhygiene.com/ddhright.aspx?id=15039>



Karen A. Raposa, RDH, MBA, is a co-editor of the textbook titled *“Treating the Dental Patient with a Developmental Disorder”* which was released in August 2012 and is currently available at Amazon.com. The textbook provides the general dentistry and dental academic field with a cornerstone reference work on treating dental patients with intellectual and developmental disorders. Through this publication, dentists and dental hygienists are taught how to communicate

and treat the oral health needs of people with disabilities so they can provide care with confidence.



A defining work, *Treating the Dental Patient with a Developmental Disorder* provides a basic understanding of patients with developmental and intellectual disorders and educates all dentists and dental hygienists on how to communicate and treat the oral health needs of people with disabilities so they can provide care with confidence. The major types of developmental disabilities covered in *Treating the Dental Patient with a Developmental Disorder* include autism spectrum disorders, Down syndrome, attention deficit disorder, cerebral palsy-and others such as spina bifida and learning difficulties.

Karen has served on committees of AADH and currently provides seminars on the topic of her book. The text can be purchased online at: http://www.amazon.com/Treating-Dental-Patient-Developmental-Disorder/dp/0813823935/ref=sr_1_1?ie=UTF8&qid=1350147924&sr=8-1&keywords=karen+raposa. Karen’s web page is: www.KarenRaposa.com



Millie Thaw, RDH was awarded the Excellence In Mentoring Award by the New York Dental Hygienists Association. Millie was nominated for this award by AADH member Susan Bruzynski, and received the award in November 2012 at the NYDHA’s Annual session which was held at Turning Stone Casino and Resort in the heart of Central New York.

Millie is constantly working to make a difference in her community and profession. She has been published in RDH Magazine and profiled in both

Access and RDH. She collaborated with Margaret Ferhenbach in “The Local Times” for local anesthesia. She is an active member and past Editor of the TIMES for the American Academy of Dental Hygiene, is also involved with the ADHA. Millie is the 2007 Recipient of Sunstar America/RDH Magazine Healthy Gums, Healthy Life Award of Distinction. She is currently enrolled in the Bachelor of Dental Hygiene program at Farmingdale State College

Implementing the Standards of Clinical Dental Hygiene Practice

Is there a formal definition of dental hygiene? What is professionalism? Is there a set of clinical practices we should all be implementing? The answer is YES! In 2008, the American Dental Hygienists' Association (ADHA) defined Dental Hygiene as the science and practice of the recognition, treatment and prevention of oral diseases. While definitions are subjective, defining professionalism remains challenging. The ADHA Standards for Clinical Dental Hygiene Practice include Professional Responsibilities and Considerations which enable clinicians to define professionalism for themselves.

The ADHA has had a long, standing policy that a baccalaureate degree should be the entry level for the profession of dental hygiene. Most hygienists are not given credit for the education they receive in the Community College setting because these institutions are limited in the contact hours they can recognize. As a result, there is a growing trend at the University level to provide degree completion to graduates of associate programs. This session will overview unique opportunities to attain a BS as well as additional credentialing within the profession through the American Academy of Dental Hygiene. This interactive session is designed to move you forward in the profession!

Learning Outcomes:

- Defining professionalism utilizing the ADHA Standards for Clinical Dental Hygiene Practice.
- Review and discuss the ADHA Standards for Clinical Dental Hygiene Practice.
- Devise a lifelong learning plan to incorporate degree completion and/or additional RDH credentialing.

Sharon Zastrow, RDH, EF.

Sharon, a member of the American Academy of Dental Hygiene is a practicing clinical hygienist, author, presenter and meeting planner for dental professionals. Currently she is serving as the District XI Trustee, representing the states of Arizona and California on the American Dental Hygienists' Association's Board of Trustees. Sharon owns her own business, Southwest Dental Hygienists, providing temporary dental hygiene services to the greater metropolitan Phoenix area, recently served eight and a half years on the Arizona State Board of Dental Examiners, is the Administrative Director and meeting planner for the Arizona State Dental Hygienists' Association, is the Director of the Center for Continuing Dental Education at the Phoenix College dental programs and is a dental hygiene consultant for BCS Leadership coaching dental offices in the business of dental hygiene. Sharon recently enrolled in O'Hehir University to acquire a baccalaureate degree.



THIS SESSION IS OPEN TO ALL REGISTRANTS – CLICK HERE TO REGISTER!





AMERICAN ACADEMY OF DENTAL HYGIENE

GOVERNING COUNCIL

The Governing Council consists of the Executive Committee, and (6) six elected members. The Governing Council is an AADH elected position for a two (2) years term.

GENERAL

- Represents the interests of the AADH Membership
- Participates as required on all AADH conference calls and at meetings
- Serves as a voting member of the Governing Council
- Chair of Governing Council is appointed by the President
- The Governing Council Chair shall serve on the Executive Committee

SPECIFIC

- The Governing Council Chair, with input from the entire Governing Council,
- prepares an annual report summarizing the activities of the Academy, available to
- all members 30 days prior to the Annual Meeting
- If a vacancy occurs on the Governing Council between meetings of the Academy,
- the vacancy shall be filled by the Governing Council, with the exception of the
- President-Elect
- Submits expense vouchers in a timely basis to the Administrative Assistant and
- Treasurer

ALL CANDIDATES MUST SUBMIT A BRIEF BIO NO LATER THAN APRIL 1, 2013 to LYNN SOUTHERLAND at
ljsjds@earthlink.net

SECRETARY

The Secretary is an AADH elected position and serves a two year term as a member of the Governing Council and Executive Committee. The Secretary maintains the meeting records for the Academy and provides historical review when needed.

GENERAL

- Performs duties and carries out responsibilities as delegated by the Bylaws, President, Governing Council, and/or policies and procedures
- Participates as an elected officer of AADH
- Participates as required in meetings of Executive Committee and Governing Council
- Follows all Administrative Policies
- Promotes membership
- Submits reports to the President and Governing Council in a timely manner

SPECIFIC

- Records and assists in maintaining historical Governing Council, Executive Committee and the Annual Meeting minutes
- Distributes, receives and compiles Administrative Assistant Evaluations each year at least 90 days prior to contract renewal and forward to President

ADMINISTRATIVE PROCEDURES

GENERAL

- Submits expense vouchers in a timely basis to the Administrative Assistant and Treasurer
- Secures a directory annually from the Administrative Assistant
- Distributes information as directed by the President or as needed

SPECIFIC

- Takes roll call and certifies a quorum at Governing Council, Executive Committee and Annual Meetings
- Records minutes of all meetings
- Prepares and forwards a copy of meeting minutes within 14 days of meeting to President and minutes review committee for review
- Maintains minutes on file
- Procedures performed for the Annual Meeting:
 - Records minutes at the Annual Meeting
 - Prepares and forwards a draft copy of meeting minutes within 14 days of meeting to President for review
 - Maintains minutes on file

ALL CANDIDATES MUST SUBMIT A BRIEF BIO NO LATER THAN APRIL 1, 2013 to LYNN SOUTHERLAND at llsids@earthlink.net