



AMERICAN ACADEMY OF DENTAL HYGIENE

TIMES

Winter ~ 2015

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Welcome New Member

Join us in welcoming a new member to the AADH!
[Click here to view her profile!](#)

The talent of AADH membership is abundant - do you know a talented, future focused colleague who would be a great AADH member?

Please refer them to:
[AADH Membership Application](#)

Upcoming National Dental Hygiene Events

[CLL at the 92nd ADHA Annual Session](#)

Welcome to the Winter 2015 edition of *The Times*. Here we meet a new member, learn about changes at NERB, hear about American Eagle's new education team, are reminded about women's heart health, and get to know the AADH sponsored speaker for the Under One Roof conference in July, all in a compact format.



So grab a cup of coffee or tea, find a warm comfy place, and take a few minutes to catch up on what we hope you will find to be interesting and useful information.

Message From President Lynn Southerland

A new year is here. This winter has definitely brought new challenges for several of our members. Let us rejoice that we are in the downhill stretch of the cold, short days. Warmer, longer days are in the future.

The governing council has been busy with improvements and advancements of our association. Our members strive to help our profession grow for our colleagues and patients. We are thankful to have many members who are passionate about dental hygiene. Please read the *Times* to see our stars in action.

"Today's patience can transform yesterday's discouragements into tomorrow's discoveries. Today's purposes can turn yesterday's defeats into tomorrow's determination." - William Arthur Ward

If anyone has ideas or suggestions, please contact me directly at lsjds@earthlink.net.

Have a Heart



June 17th-23rd 2015
Nashville, TN

RDH Under One Roof

July 15-17, 2015
Caesars Palace, Las Vegas,
NV



[Click Here to Register](#)

AADH 2015 Sponsors

Our sincere appreciation to these companies for their support of AADH this year!



In February, we turn our attention to matters of the heart. We shower our loved ones with cards and gifts and reserve some special time together. So now is a good time to pay attention to matters of the physical heart, specifically women's hearts. This act of love can also save lives.

Heart disease kills more women than any other disease, and more women than men. In February we devote attention to women's heart disease by observing Wear Red Day on the first Friday of the month. Although the 10th anniversary of Wear Red Day has passed, it is never too late, or too early, to focus on heart health.

Please do three things to help assure more of those special times with loved ones:

1. KNOW: Know the heart attack symptoms that women often ignore or attribute to stress or fatigue: vague discomfort in the upper body, shortness of breath, anxiety, profuse sweating, nausea/dizziness, and extreme fatigue.

2. SEE: Watch the three-minute video, "Just a Little Heart Attack." It highlights many of the symptoms that can be more common in women, and with a humorous approach. [Click here to view the video.](#)

3. SHARE: After you watch the video, mail the link to all the women you know, and to all the men who have special women in their lives, and that should be just about everyone.

Here's to healthy hearts for all.

Toni S. Adams, RDH, MA

The NERB Becomes CDCA

On January 9, 2015, during the 45th annual meeting of the North East regional Board of Dental Examiners (NERB), the body introduced their new name and identity, The Commission on Dental Competency Assessments (CDCA).

[Click here to read the entire article.](#)

AADH Annual Meeting



National RDH Education Team:
The Eagle Has Landed!

American Eagle Instruments announces the launch of its Dental Hygiene Eagle Educators team. To meet the demand for 'cutting edge'/evidence-based continuing education, AEI is partnering with dental hygiene educators throughout the country to offer in-office webinars and lecture/hands-on seminars for associations and study clubs. As an approved continuing education provider of the American Academy of Dental Hygiene, AEI is committed to meeting the highest standards for continuing education required by states for license renewal.

[Click here to read the entire article and meet the team.](#)

Booth Volunteers!

Are you an enthusiastic and energetic AADH member? Will you be attending the 2015 RDH Under One Roof? Assist us in recruiting new members and promoting AADH at our booth. Those members interested should contact [Lynn](mailto:Lynn@earthlink.net) at llsjds@earthlink.net

AADH 2015 Annual Business Meeting and CE General Session

When? Tuesday, July 14th, 3:00 pm - 5:30 pm

Where? Caesars Palace, Las Vegas, NV held in conjunction with RDH Under One Roof

Who? AADH Members and potential members

RSVP: Via email to [Lynn](mailto:Lynn@earthlink.net) or on the AADH Facebook page

AADH Sponsored CE General Session

When? Thursday, July 16, 2015 from 10:30 am - 12:30 pm

Where? RDH Under One Roof · Caesars Palace, Las Vegas

Topic? Therapeutic Challenges of Clinical Dental Hygiene

Speaker? AADH Member, Lucinda McKechnie, RDH, BS

Who? Open to all registrants of RDH Under One Roof

[Click here](#) for the full course description. We look forward to seeing you there!

New Address for AADH

AADH has a new mailing address. Please change your address book to:

AADH

2727 75th Street West

Bradenton, Florida 34209-5359

Enjoying the role...

It is an honor and a pleasure to serve as Editor of *The Times*. I am "meeting" and working with amazing people, and learning so much. This is your newsletter, and we strive to make it responsive to your needs, so please share your opinions and suggestions.

The deadline for the Spring edition is April 25, 2015. Send ideas for feature articles, Members in the News, announcements, and letters to the Editor to me via email at tonisadamsrdh@earthlink.net As always, I am happy to help anyone who wishes assistance with writing.

Toni S. Adams, RDH, MA, Editor



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MEET AADH NEW MEMBER!

Winter • 2015



Laura J. Webb, RDH, MS, CDA, was born and raised in the San Francisco Bay Area, and earned her ASDH at Foothill College Dental Hygiene Program, her BA at San Jose State University, and her MS HSA from the University of St. Francis.

Taking her passion for quality dental hygiene practice in a new direction, she became the founding director of the dental hygiene program at Truckee Meadows Community College (TMCC) in Reno, Nevada. She was responsible for all aspects of program and faculty development; clinical construction; accreditation; planning and outcomes assessment; policies and procedures; and instruction. Additionally, during her time at TMCC, she served as a consultant/site visitor for the ADA CODA.

Laura has over forty years of experience in dental occupations, including expanded functions dental assisting; clinical dental hygiene practice in periodontal and general offices; allied dental education; and other cooperative environments with healthcare professionals. For over fourteen years she has authored, reviewed, and contributed to many professional publications and has presented programs on a variety of topics, including local anesthesia and instrumentation for both dental hygienists and educators, at numerous national and international professional meetings. In 2012, she was the proud recipient of the ADHA Alfred C. Fones Award.

Currently, she enjoys living on a ranch with her husband and operating LJW Education Services, which offers dental program consulting, methodology courses, and other continuing education programs, while she continues to practice as a relief dental hygienist in rural northern Nevada.



NERB Becomes CDCA

On January 9, 2015, during the 45th annual meeting of the North East regional Board of Dental Examiners (NERB), the body introduced their new name and identity, The Commission on Dental competency Assessments (CDCA).

NERB was the first agency to facilitate the licensure examination process to eliminate the need for repetition of state board clinical examinations. The organization now includes 24 member states/jurisdictions. As of 2014, member states spanned the country from Maine to Hawaii, Oregon to Florida, and Wisconsin to Mississippi.

As a nonprofit independent corporation comprised of a consortium of member boards, the organization chose a new name to more aptly reflect all of its members and its ongoing mission: to further establish common examination standards.

The CDCA's name recognizes the geographical diversity of its current member boards, which now occupies five different time zones, and reflects its administration of many different assessments in the dental profession for state licensing boards. For example, the CDCA administers nitrous oxide and injectable anesthesia examinations, as well as state specific assessments in allied fields and ethics and juris examinations. The CDCA is firmly committed to continue its mission of being a preeminent resource in the development, innovation, and administration of competency assessments for the oral health professions.

The CDCA administered clinical examinations are accepted in 46 different U.S. states and jurisdictions, and has opened membership to the country of Jamaica. The CDCA remains pledged to excellence, integrity, and fairness, and is committed to designing and administering assessments that are based on sound principles of testing and measurement. Past, present, and future statutory and legal references to the NERB remain viable and synonymous with CDCA.

Even though the name, logo, web address, and email address have changed, the same commitment to testing excellence and quality remains. Further questions can be directed to director@cdcaexams.org

The Commission on Dental Competency Assessments
1304 Concourse Drive, Suite 100, Linthicum, MD 21090
301.563.3300

Nancy Ryan Barnes, AADH Governing Council



National RDH Education Team: The Eagle Has Landed

American Eagle Instruments announces the launch of its Dental Hygiene Eagle Educators team. To meet the demand for 'cutting edge'/evidence-based continuing education, AEI is partnering with dental hygiene educators throughout the country to offer in-office webinars and lecture/hands-on seminars for associations and study clubs. As an approved continuing education provider of the American Academy of Dental Hygiene, AEI is committed to meeting the highest standards for continuing education required by states for license renewal.

The most popular course is, "Enhancing Patient Care and Personal Comfort Through Advanced Instrumentation." The course will cover proper instrumentation and scaling techniques, new technologies in instrument manufacturing, methods to increase comfort and decrease risk of pain and disability for the clinician, and the newest instrument designs available today. Another available course is, "STOP Re-Tipping Hand Instruments NOW!" There is no cost, and each course can be customized to the individual needs of the office, school, or association. These presentations can last 1-4 hours. To schedule an in-office webinar or speaker for your group, please email **Katie Jones, Marketing Manager**, at marketing@am-eagle.com

Meet the Team!

Karen Siebert, RDH, MA is leading the team of AEI Educators. Karen is adjunct faculty instructor at The College of Lake County just outside of Chicago She has led numerous hands-on sharpen-free XP Technology instrument workshops over the past year two years. She led a nationwide webinar CE, which was hosted by Pennwell, featuring the dangers of re-tipping, and has presented at RDH Under One Roof. Karen is a member of ADEA and ADHA. She is the Membership Chair for the Illinois DHA and Trustee for the Lake County DH Component. She is also the Screening Committee Chairwoman for the Northern Illinois Oral Cancer Foundation. Karen can be reached at ksiebert@am-eagle.com.

Lory Laughter, RDH, BS has been a practicing clinical hygienist for 21 years in Northern California. She is a columnist for RDH Magazine and has delivered presentations on American Eagle Instruments' behalf to several hygiene schools in the San Francisco Bay Area. Lory has extensively researched the efficacy/non-efficacy of re-sharpening hand instruments and is Founder & President of Dental IQ, her own CE Company. She is a member of ADEA, ADHA, and is a Trustee for the California DHA. Lory can be reached at llaughter@am-eagle.com.

Therese Stewart, RDH, MS is based in South Florida. She earned Baccalaureate and Masters Degrees in Organizational Management & Leadership. Currently, Therese is Adjunct Faculty Associate Professor at Palm Beach State College where she has been on staff since 1995. She is a Professional Educator with Waterpik, and owns her own practice consulting firm, Perfect Blend Consulting. She is a member of ADEA and ADHA, and is the Atlantic Coast Trustee for the Florida DHA. She is also a Past President of the Broward County (FL) DHA where she served two terms, and is a member of FADE, the Florida Association of Dental Educators. Therese can be reached at tstewart@am-eagle.com.

Stacy Deemer, RDH is based in the Pittsburgh area. She received the Sunstar/Butler Award of Distinction in 2013. Stacy is the voice of the dental health professional on the Wellsville television show, a local TV program that promotes children's health and wellness. She is currently a professional Educator for Sunstar, is a member of ADHA, and is the current Vice President for the Northwestern Pennsylvania DHA. Stacy can be reached at sdeemer@am-eagle.com.