



AMERICAN ACADEMY  
OF DENTAL HYGIENE

TIMES

Summer ~ 2016

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### New Member

AADH congratulates and welcomes new member, **Lynda Bean, RDH, BSDH.**

[Read her bio.](#)

### AADH Members in the News

**Winnie Furnari, RDH, MS, FAADH; Olga Ibsen, RDH, MS, FAADH; and Tim Ives, RDH, BSc (Hons), MA Med Ed, FHEA,** have won prestigious honors and achieved academic excellence.

[Read about them.](#)

Upcoming National Dental  
Hygiene Events

Welcome to the summer *AADH Times*.

The many talented members of AADH continue to shine. New officers were elected and installed at the AADH annual meeting on July 28 during PennWell's Under One Roof conference in National Harbor, MD.



We welcome our new President, **Cynthia (Cyndy) Koons, RDH, BS, MBA**; treasurer, **Diana Macri, RDH, BSDH, MS.Ed.**; president-elect, **Winnie Furnari, RDH, BS, MS, FAADH**; and three new Governing Council members, **Emily Boge, CDA, RDH, MPA, Kristy Menage Bernie, RDH, MS, RYT,** and (ahem) Yours Truly. They will serve two-year terms.

In this edition of *The Times*, we also report on members who have been honored with awards and academic achievements, feature a new member, and add to our growing list of published peer-reviewed articles that were written by our members. Enjoy reading about your colleagues.

Toni S. Adams, RDH, MA, Editor

### Message From President Cynthia Koons

As I relax and reflect on my new role within AADH, I am amazed by the professional diversity, accomplishment, and achievements of our members. I am humbled and truly honored to serve as your

**ADHA CLL**  
**94th Annual Session**



**June 14-20, 2017**  
**Jacksonville, FL**

[Click Here For More Information](#)

**2017 RDH**  
**Under One Roof**



**August 10-12, 2017**  
**Hyatt Regency Chicago**  
**Chicago, IL**

[Click Here to Register](#)

**AADH Annual Meeting**  
 Wednesday, August 9, 2017  
 12:30 pm - 2:00 pm at  
 RDH Under One Roof  
 RSVP at [info@aadh.org](mailto:info@aadh.org)

**AADH 2016 Sponsor**

**Our sincere appreciation to  
 Premier for its support of AADH  
 this year!**

President for the next two years. I want to thank **Lynn Southerland, RDH, BS, FAADH, Kristy Menage Bernie, RDH, MS, RYT**, and **Diane Brucato Thomas, RDH, BS, FAADH**, for their confidence in me and guidance to this point. I've had the privilege of assisting and learning from them in various positions under their mentorship. What reassures me most about being a part of the AADH leadership is that we make ourselves available to help one another. For that, I am grateful!

It was wonderful to see so many members attend our Annual Meeting at RDH Under One Roof in National Harbor, Maryland! President Lynn Southerland briefly recapped the year and thanked the executive council for their hard work. AADH gained six new members this year! In addition, Lynn presented **Kristy Menage Bernie, RDH, MS, RYT**, with the AADH Commitment to Excellence Award for her many contributions "above and beyond" to the Academy and dental hygiene profession. Congratulations, Kristy!

AADH members, **Maria Perno Goldie, RDH, BA, MS; Dianne Glasscoe Watterson, RDH, BS, MBA; Anne Guignon, RDH, MPH, CSP; Tricia Osuna, RDH, BS, FAADH; Edie Gibson, RDH, MS, PhD; and Angie Stone, RDH, BS**, presented continuing education courses at UOR on a variety of topics. The Academy's Educational Presentation was given by **Kristy Menage Bernie, RDH, MS, RYT**, and titled "Yoganomics". Combining her yoga expertise and her knowledge of dental hygiene ergonomics, Kristy emphasized postural health and inspired attendees to begin a personal yoga journey. Namaste.

Finally, I want to extend a big "thank you" to those of you who came forward and volunteered to be a part of our committees for 2016-2018. Thank you to those who will continue in their present positions, too. There still are opportunities available for others to contribute within a committee. I encourage you to share your talent and say "yes" to a very worthwhile and enjoyable experience. You may offer your service and suggestions by contacting me at [cynkoo@wcoil.com](mailto:cynkoo@wcoil.com). Please join with me as we move the Academy forward!

Cynthia Koons, RDH, BS, MBA

## AADH Members in the News



Click on the logo for more information

### AADH Leadership

See photos and read bios of new and continuing AADH Executive Board and Governing Council members.

[Click here.](#)

For a summary of AADH leaders, [click here.](#)

**Times Features  
Peer-Reviewed  
Author Members**

### Call for Citations

In order to celebrate our members' accomplishments, we feature citations of their published peer-reviewed articles.

We thank **Howard Notgarnie, PhD, EdD** for his submission.

[Read all of the submitted citations and abstracts.](#)

This will be an ongoing feature, so, if you have written an article that has appeared in a peer-reviewed publication, please send the citation and the abstract in Word format

Immediate Past President **Lynn Sutherland, RDH, BSDH, FAADH**, awarded the Commitment to Excellence Award to **Kristy Menage Bernie, RDH, MS, RYT**, at this year's annual meeting. Kristy was chosen to receive this award because of her relentless dedication to the Academy. She always volunteers enthusiastically to take on additional tasks. Her tireless motivation to see the Academy grow is evident in her actions. Kristy is an inspiring example of a person's commitment to excellence.

Congratulations, and thank you, Kristy!



### Time to renew your membership!

Membership renewal this year will include your CE credit summary as well as a dues payment for two years. This was adopted by the membership as a way to streamline our process.

AADH now accepts credit card payments via PayPal at <http://aadh.org/membership.html> Be sure to submit your CE documentation along with your dues payment.

Questions? Contact Mary Calka at [tmcalka@inbox.com](mailto:tmcalka@inbox.com)

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**From your Editor:**

I am honored to serve as Editor of *The Times*. I get to meet and work with amazing people, both virtually and in person, and learn so much.

This is your newsletter, and we strive to make it responsive to your needs, so please share your opinions, suggestions, and submissions. The deadline for the Fall edition is **October 24, 2016**. Send information about Members in the News, announcements, citations of peer-reviewed articles published by AADH members, brief feature articles, and letters to the Editor to me via email at [tonisadamsrdh@earthlink.net](mailto:tonisadamsrdh@earthlink.net)

As always, I am happy to help anyone who wishes assistance with writing.

**Toni S. Adams, RDH, MA, Editor**

American Academy of Dental Hygiene *Times* Newsletter

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