



AMERICAN ACADEMY  
OF DENTAL HYGIENE

TIMES

Spring ~ 2015

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### Welcome New Members

Join us in welcoming two new members to the AADH!  
[Click here to view their profiles!](#)

The talent of AADH membership is abundant - do you know a talented, future focused colleague who would be a great AADH member?

Please refer them to:

[AADH Membership Application](#)

### Upcoming National Dental Hygiene Events

[CLL at the 92nd ADHA Annual Session](#)

Welcome to the spring 2015 edition of *The Times*. Take a break from the crazy spring weather and catch up on AADH news. Here we introduce two new members and candidates for AADH offices, highlight member honors, invite you to our annual business meeting and to hear our sponsored speaker at UOR, and feature oral health literacy.



Enjoy.

### Message From President Lynn Southerland

Spring has sprung and our GC and officers have been very busy working for the Academy. We are fortunate to have the best people to help move this organization forward.

Our annual meeting is just around the corner. It will be held on Tuesday, July 14th from 3:00 to 5:30 PM at Caesar's Palace in Las Vegas. That is the day before the festivities begin at the annual Under One Roof conference to be held in the same hotel. I would like to invite everyone to attend. Meet the dedicated people who help make the Academy the outstanding association that it is. Email your RSVP to me at the address below so we will know to expect you.

I hope you enjoy our spring newsletter. It is always exciting to see the accomplishments of our members. We are always searching for members in the news, so if you have made the local or dental hygiene news, or you know of a fellow member who has, please send us the information. If there is a dental hygiene topic that you are passionate about, please write a short article so we can share it in the *Times*.



June 17th-23rd 2015  
Nashville, TN

### RDH Under One Roof

July 15-17, 2015  
Caesars Palace, Las Vegas,  
NV



[Click Here to Register](#)

### AADH Annual Meeting

#### Booth Volunteers!

Are you an enthusiastic and energetic AADH member? Will you be attending the 2015 RDH Under One Roof? Assist us in recruiting new members and promoting AADH at our booth. Interested members contact [Lynn](mailto:Lynn@ljsjds@earthlink.net) at [ljsjds@earthlink.net](mailto:ljsjds@earthlink.net)

AADH 2015 Annual  
Business Meeting at UOR  
Tuesday, July 14th,

If anyone has ideas or suggestions, please contact me directly at [ljsjds@earthlink.net](mailto:ljsjds@earthlink.net).

### AADH Elections

AADH will soon hold elections for the 2015-2017 terms of secretary and four Governing Council members. All members will receive an email with a link to the SurveyMonkey ballot. Click [here](#) to learn about the candidates.

Be sure to vote when your ballot link arrives.

### Members in the News: AADH Members Sweep Mentor Awards

Both winners of the 2015 Philips Sonicare/RDH Magazine mentor awards are members of AADH. Elizabeth Tronolone, RDH, BS, MOL, of Sylvania, Ohio is the Mentor of the Year, and Marilyn Cortell, RDH, MS, FAADH, of New York City is the Mentor of Distinction. The women will be presented with their awards and honored at a reception during the American Dental Hygienists' Association 96th Annual Session in Nashville, Tennessee, June 17-23.



Elizabeth Tronolone



Marilyn Cortell

AADH congratulates these exceptional women. Click [here](#) to read about them in the April 2015 edition of *RDH Magazine*.

3:00-5:30, Caesars Palace, Las Vegas, NV, held in conjunction with RDH Under One Roof. All AADH Members & potential members are invited. RSVP via email to [Lynn](#) or on the AADH Facebook page

### AADH Sponsored CE General Session at UOR

Thursday, July 16, 2015

10:30-12:30, at RDH Under One Roof, Caesars Palace, Las Vegas.

"Therapeutic Challenges of Clinical Dental Hygiene" by Lucinda McKechnie, RDH, BS, AADH member

[Click here](#) for the full course description.

Open to all registrants of UOR.

We look forward to seeing you at both events!

### AADH 2015 Sponsors

Our sincere appreciation to these companies for their support of AADH this year!



### Focus on Literacy and Oral Health Literacy

Literacy is the ability to read, write, speak, listen, and compute. Health literacy is the ability to find, understand, evaluate, and apply health information to improve wellness. Oral health literacy applies the concept to the oral environment. Because low literacy almost always leads to low health literacy, the terms are virtually interchangeable.

This is a problem for health caregivers because literacy level predicts health more strongly than age, income, education, occupation, race, or ethnicity, and almost half of the United States population struggles with low literacy. The issue is well recognized in medicine, and is starting to be noticed in dentistry.

Low oral health literacy has been associated with dental anxiety, missed dental appointments, oral health disparities, and low oral health related quality of life. Caregivers' oral health literacy impacts young children's oral health. This summary was drawn from eight peer-reviewed articles in dental, medical, and public health journals published between 2010 and 2014, so the topic is relevant in dentistry and beyond.

To learn more, check out these resources:

- *Health Literacy and Patient Safety: Help Patients Understand.* In this video from the American Medical Association Foundation low literate people share profound stories of their experiences in healthcare, and experts suggest strategies to help. At about 23 minutes long, it is excellent for a staff meeting or class. Click [here](#) to view it.
- *The Quick Guide to Health Literacy.* This is from the USDHHS Office of Disease Prevention and Health Promotion. Click [here](#) to access it.

Toni S. Adams, RDH, MA

For references email: [tonisadamsrdh@earthlink.net](mailto:tonisadamsrdh@earthlink.net)

### Time to renew your membership!

All members should have received a recent email about membership renewal. This is an odd year, so it is not

### AADH Address

AADH  
2727 75th St. West, Unit 5AC  
Bradenton, Florida 34209-5359

necessary to submit a list of CE credits, but dues should be received by August 1st. If you did not receive the email with the renewal form, or you want to receive it again, contact our AADH Administrator, Mary Calka, RDH, at [tmcalka@inbox.com](mailto:tmcalka@inbox.com)

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### Looking forward to the annual meeting

I am honored to serve as Editor of *The Times*. I get to "meet" and work with amazing people, and learn so much. Soon I hope to meet many of you in person at the AADH Business Meeting at Caesar's Palace in Las Vegas on July 14.

This is your newsletter, and we strive to make it responsive to your needs, so please share your opinions, suggestions, and submissions. The deadline for the Fall edition is July 26, 2015. Send information about Members in the News, announcements, brief feature articles, and letters to the Editor to me via email at [tonisadamsrdh@earthlink.net](mailto:tonisadamsrdh@earthlink.net). As always, I am happy to help anyone who wishes assistance with writing.

Toni S. Adams, RDH, MA, Editor  
American Academy of Dental Hygiene *Times* Newsletter



## AMERICAN ACADEMY OF DENTAL HYGIENE

### Secretary and Governing Council Candidates 2015-2017

#### Candidate for Secretary:



**Lisa Harper Mallonee BSDH, MPH, RD, LD** is an Associate Professor and Registered Dietitian at the Caruth School of Dental Hygiene at the Texas A&M Health Science Center Baylor College of Dentistry. Ms. Mallonee earned a BS degree in Dental Hygiene and her Masters in Public Health with a coordinated degree in Nutrition from the University of North Carolina at Chapel Hill. Additionally, Ms. Mallonee coordinates a dental clinic rotation for the dietetic internship program at Baylor University Medical Center. As a dual degreed educator, she specializes in nutrition and its practical application to the field of oral health.

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#### Candidates for Governing Council:

**Nancy Ryan Barnes, RDH, BA** is a member of ADHA, International Federation of Dental Hygienists, American Association of Dental Boards and a founding member of the American Academy of Dental Hygiene, Inc. Her professional career has been in private and hospital practice. She served on the New York State Dental Board for two terms and is currently on the Extended Board for matters of Discipline. She has held several leadership positions in the New York State Dental Hygiene Association and has been a hygiene member of CODA review committee. She has written articles for the AADH Academy Times, ADHA Access and Contemporary Dental Hygiene. She has been the Executive Director of the AADH for thirteen years and is currently a dental examiner for the Commission on Dental Competency Assessment, CDCA (also known as NERB). She has presented numerous continuing education courses nationally, and for the European American Dental Hygienists' Association and the International Federation Dental Hygiene Symposium held every three years around the world. If elected, she will help to make quality decisions on the Governing Council taking into consideration the values of AADH.



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## AMERICAN ACADEMY OF DENTAL HYGIENE

### Secretary and Governing Council Candidates 2015-2017



**Diana Macri, RDH,MS** is an Assistant Professor in the Dental Hygiene department at Hostos Community College. Previously she was as an Adjunct Lecturer at New York City College of Technology and a Clinical Instructor at New York University College of Dentistry, both in New York City. Within these programs she taught both clinical and didactic courses. Currently she teaches three core courses: Dental Hygiene Practice I and II and Ethics, Jurisprudence and Practice Management. In addition to her teaching duties, she has presented lectures at professional conferences locally and nationally. She serves as a Trustee on the National Board of the Hispanic Dental Association and is the Chair of the Communications Committee. Additionally, she has been appointed to the Minority Affairs Advisory Committee of the American Dental Education Association. She is involved in many advocacy efforts, specifically those which seek to resolve oral health disparities seen in the Hispanic population. Prof. Macri obtained a Bachelor of Science degree from the University of Bridgeport and a Master of Science degree in Higher Education Administration from Baruch College. She happily resides in New York City with her three sons.

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**Kris Potts, RDH, BS** a practicing clinical Dental Hygienist for 32 years, an active member of the American Dental Hygienists' Association, accredited Provider with the American Academy of Dental Hygiene and member of the American Academy for Oral Systemic Health. The Immediate Past President of the Texas Dental Hygienists Association, currently representing the Xlear/Spry Xylitol product line. She offers information to a cross section of medical and dental offices in 10 states and dental topics to consumer, advocacy, support and special interest groups. Owner of Dental Hygiene Career Solutions, providing speakers, resources, product information, education and consulting services for dental hygienists/practices.



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**Rebecca Welch Pugh, RDH, BS** is currently the Executive Director for the New Jersey Dental Hygienists' Association. She received her dental hygiene education at Old Dominion University, and completed her degree at Thomas Edison State College. Her professional experience includes 35 years of clinical practice in three states, primarily working in geriatrics. Leadership positions have included serving as an ADHA Trustee, as well as constituent president in Virginia and New Jersey. She notes her commitment to lifelong learning has always led the way to professional growth.

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## Therapeutic Challenges of Clinical Dental Hygiene

Thursday • July 16, 2015 • 10:30 am – 12:30 pm • RDH Under One Roof General Session

As clinical therapeutic challenges continue to expand, attention to detail in areas of implementing a periodontal protocol program, selecting the most efficient choice for periodontal instrumentation and maintenance, recommending oral hygiene regimens, and determining appropriate re-care intervals, are necessary in order to individualize our approach to comprehensive periodontal therapy. This presentation includes current concepts of achieving successful periodontal therapy management strategies with emphasis on the challenges of making it through the day with more efficiency, less stress and a feeling of this is “*why I became a dental hygienist*”!

### Topics/ Learning Outcomes:

- Assess the biggest stressors of your day.
- Identify pathology of gingivitis/current factors contributing to disease.
- Determine time management based on patient assessment.
- Acquire a keen knowledge of root anatomy.
- Select appropriate instruments (manual and/or ultrasonic).
- Recommend appropriate therapeutic aids/products.
- Determine re-care considerations.
- Learn how to position yourself as a valued dental hygiene team member bringing your periodontal therapy goals to the entire staff.

### Our Speaker!

**Lucinda B. McKechnie, RDH, BS**, AADH member, is a graduate of the University of Pennsylvania, School of Oral Hygiene and has been practicing clinical dental hygiene for more than 40 years. In addition to clinical practice, she has been active in academia, altruism, and continuing education. She has presented programs in periodontal therapy at the University of Pennsylvania School of Dental Medicine, as well as professional meetings and private practice settings and served as a clinical instructor and lecturer at the University of Vermont, School of Dental Hygiene. In December of 2012, she was recognized in a national, professional journal as one of, “**Six Dental Hygienists You Want To Know**”.

Mrs. McKechnie was selected for her excellence in clinical practice and her diverse professional experiences over a long career. Currently she is engaged in private practice with her husband and associate in Stowe, Vermont, focusing on periodontal therapy.



**THIS SESSION IS OPEN TO ALL REGISTRANTS – CLICK HERE TO REGISTER!**





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MEET AADH NEW MEMBERS!

Spring • 2015



**Danni Gomes, RDH, BSDH** is the Founder/Director of CREATIVE DENTAL CONNECTIONS and ACI-RESUSCITATION. She earned her BSDH from Fones School of Dental Hygiene at the University of Bridgeport and is licensed to practice in both New York and New Jersey. She is an adjunct faculty member at New York University College of Dentistry's Dental Hygiene Department and teaches in the Continuing Education Department at New York City College of Technology's Dental Assisting Program.

Danni completed a course in Myofunctional Therapy and received a certificate from the Academy of Myofunctional Therapy. Danni is a founding member of the Academy of Myofunctional Sciences, and is also an American Heart Association Certified Basic Life Support Instructor. She serves on the ADHA Continuing Education Peer Review Panel and is a member of ADEA and the International Association of Healthcare Professionals.

Danni directed the 2013 Medical Emergencies course at Eastern International College, and traveled to Ile A'Vache, Haiti, in 2012 to assess the dental needs of residents. View the documentary at [www.dentistsforhaiti.com](http://www.dentistsforhaiti.com). Most of all, Danni is a passionate educator and loves to help people grow professionally!

**Mary Jacks, RDH, MS**, is an Associate Professor in the Dental Hygiene Division at the University of Texas Health Science Center at San Antonio. She has over 20 years of clinical experience and became tenured faculty in 2009. Her areas of teaching expertise include: periodontics, advanced hand and powered instrumentation, faculty calibration, humor in healthcare, and distance education technologies. She has provided numerous national and international lectures on faculty calibration to create a fair testing environment and micro ultrasonic instrumentation focused on adapting techniques to manage periodontal clients.

Mary was the recipient of the UTHSCSA Presidential Teaching Excellence award in 2007 and the 2008 ADHA/Crest-Oral B DH Educator of the Year. She was named to the 2008 Academy of Master teachers at UT Health Science Center, and was awarded the 2009 Distinguished Teaching Professor from the University of Texas system.

