

The Times

Spring / Summer 2010

President:

Tricia Osuna, RDH, BS, FAADH



This is my last letter as President of AADH and I would like to take the opportunity to thank all of you for your participation, time and efforts to assist in facilitating changes for the

Academy over the past few years. The experience of being President has been amazing and I thank you all for that!

As President my goal was to double the membership. While this was not a total success, we have had quite a few new members over the past two years which is fantastic! On each Governing Council call we are approving more and more applications for membership so please continue spreading the word on the Academy. You can offer support for those that apply by adding your name to their application. If anyone has a colleague that you would like to invite to apply, please share the website address with them. Our Membership forms are on the site and are easily filled in. Our next Governing Council call which will deal with membership

approval will be July 14, 2010 so please have applications in no later than June 1, 2010 if at all possible.

This year the Governing Council has made a few changes to the face of AADH that you will be noticing ~



We have new membership pins that will be available for all members at either ADHA or UOR. Thanks to Lois Sobel and the

Membership Committee for all of your work on them. Please stop and see either Mary Calka or myself to obtain your new pin at these meetings!

We also hope to have our new booth for UOR as well as for the IFDH meeting in Glasgow Scotland. Thank you to the PR Committee for their continued work on the booth development.

I am looking forward to seeing many of you at our Annual Business Meeting at UOR in Orlando, FL. Our business meeting will be on Thursday August 5, 2010 from 8:00 AM – 10:00 AM. During this meeting, in addition to discussion on plans for the coming years, we will provide acknowledgements and installation for Governing Council Members

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and Officers. Our educational presentation at UOR will be held immediately following our Annual Meeting from 10:30 AM – 12:30 PM. The educational presentation speaker will be Marilyn Cortell, RDH, MS, FAADH presenting her course titled *Exploring the Systemic Disease Pharmacologic Connection*. Marilyn's courses are creative and include material we are able to utilize in our practices and educational settings.

The Course Approval Committee, chaired by Leslie Andrews, has done an absolutely amazing job this year and we all owe our gratitude to these individuals for developing guidelines and streamlining a new system for CE approval. The tireless efforts of Leslie and this committee have taken AADH to a new level of national and international recognition! We now have systems in place for years to come for continuing education certification in dental hygiene. The next item the committee will be focusing on is contacting state regulatory agencies to have AADH certification recognized by individual states. The responses are coming in now and we are well on our way as the only Dental Hygiene nationally and internationally recognized certification of continuing education. We have done exceptionally well with associations, corporate entities, and members applying for CE certification with AADH. If you are a CE presenter and would

like more information on how to become an approved AADH provider of certification the forms are on the website under the continuing education tab.

Our Facebook page membership has grown and we hope that each of you have joined or become a fan!

Thanks to Heidi Emmerling, RDH, PhD for her contribution as Editor of the Times, this is her final issue and her efforts have been appreciated.

I am looking forward to the coming year, as I move on to the position of Immediate Past President and have the opportunity to work with Diane Brucato-Thomas your incoming President. Diane, I wish you all the best in your term and look forward to watching the changes continue!

Please feel free to contact me with your comments and suggestions! I look forward to meeting many more of you~

Tricia

Tricia Osuna, RDH, BS, FAADH

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AADH President 2008-2010

Become a Fellow
in the
American Academy of Dental Hygiene

An award of Fellowship in AADH is a recognition of achievement in a specific concentration

All criteria for Fellowship is available on the website.

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**President Elect: Diane Brucato-Thomas,
RDH, EF, BS, FAADH**



**Oh, Fearless
Leaders!**

I wanted to be a spy. When I was a little girl, I'd watch shows like *Honey West*, *I Spy*, and *Mission Impossible* and... I wanted to be a spy! Well, I could blame my environment, since my family lived in front of the TV. Or I could blame the fact that I never looked anything like Honey West. I think what really held me back, though, was "fear".

The first definition of "fear" listed on *Dictionary.com* reads:

"a distressing emotion aroused by impending danger, evil, pain, etc., whether the threat is real or imagined"

Let's face it... spy work can be pretty dangerous and even life threatening. Dental hygiene seemed to be a much safer career; and indeed, it is... and it does have a good amount of stealthy detective work involved. Somehow, I think there is still a "wannabe spy" lurking within me. Why else would I choose a life so involved in leadership, where I am constantly challenged to face my fear?

Dr. Robert Jarvik says (...and I believe him!):

"Leaders are visionaries with a poorly developed sense of fear and no concept of the odds against them. They make the impossible happen."

While fear can keep one safe, fear can also be crippling; not only to an individual, but to an organization.

Thirty years in the profession of dental hygiene has allowed me to observe a great many mentors in leadership. The ones who caught my attention were the ones who conquered the obstacles to change and progress: the ones who were unafraid, not only to learn new things, but to incorporate new information into practice and bravely CHANGE what they were doing in the operatory; the ones who fearlessly shared their visions through speaking and writing, controversial as they may have been; the ones who stood fearless before the controlling agencies and organizations to advocate change in our practice acts to advance our profession and increase access to care; and the ones who were unafraid, unthreatened, to share their knowledge, expertise, and experience to keep the momentum going in all of these arenas. I've watched these leaders and... I am in awe.

These are the leaders that have shaped the profession of dental hygiene. These are the leaders that provide us with the courage and opportunities to serve others. In serving others, my purpose, as a dental hygienist, is fulfilled. Many *Academy* members share

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this perspective and have bravely marched the *American Academy of Dental Hygiene* forward to raise the bar.

We must be creative and we must be fearless, if we are to continue to progress as a true profession. There is no room for complaint, when we simply watch. Maintain your membership in *AADH* and *ADHA*, and be brave enough to convince your colleagues to join, too! Then, push your comfort zone, share your ideas, stand up, and get involved! Consider this a call to action. Be a visionary and set your fear aside. Get on your boots and pitch in on a committee or in an office and help the *Academy* progress and grow to new heights!

Together, let's lose our sense of fear and make the impossible happen!

**Diane Brucato-Thomas, RDH, EF, BS,
FAADH**
**President-Elect, American Academy of
Dental Hygiene**
**Immediate Past President, Hawaii Dental
Hygienists' Association**
**Master Clinician Award, ADHA/Hu-
Friedy, 2008**
**Award of Distinction, Sunstar/RDH
Magazine, 2002**
Dedicated Member, HDHA, 2008
Outstanding Member, HDHA, 2003, 1999

ATTENTION ALL SPEAKERS!!



A slide has been created for all AADH speakers to insert into their programs with the purpose of promoting the Academy. There are two slides: one is in a generic white background and another in a colored template background. When placed into your PowerPoint program, the white slide will automatically convert to the background of that program. You will need to save the colored background slide in its original format to retain this.

To receive the slides via email, please contact Leslie Andrews at Leslieandrews@att.net.

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Welcome new members!

Anita Roth, RDH, BSDH, graduated from the dental hygiene program at Hudson Valley Community College in Troy, N.Y. in 1986 and completed her bachelor's degree in dental hygiene, from State University of New York at Farmingdale in May 2009. Currently, Roth is participating in a research program on periodontal disease at Stony Brook University. Roth is a member of the American Dental Hygienists' Association and was given the Poster Presentation Award at the April 18, 2008, Conference of Science, Health, Engineering and Technology.

Peter Gangi, RDH, BSED, has been a clinical dental hygienist for 22 years at his family's dental practice in Methuen, Massachusetts. He is also an adjunct clinical faculty member at Middlesex Community College in Lowell, Massachusetts. He has been a member of ADHA for 22 years, serving as component and constituent Presidents over the years. Gangi has been a delegate to the State and National association for years. Peter has served on councils at ADHA and he is presently the Chair of Member Services. He is also a regional Luminary for the Hu-Friedy Thought Leader program. Peter has been profiled and featured in various magazines and articles throughout his career including *Modern Hygienist* and *Access*. Peter has been Hygienist of the Year for the Merrimack Valley Component of the ADHA twice and he was also the recipient of the Cabot Corporation's Outstanding Volunteer service award for his work with the Health Van for Kids program in Lawrence, Massachusetts.

Ellen Standley, RDH, BS, MA, is the current President-Elect of CDHA and a long time active member of ADHA, CDHA and Sacramento Valley Dental Hygienists' Association. She holds a BS from the UCSF Dental Hygiene Program and two MA degrees; one from USF in Education and one from CSUS in Community Health. Ellen is a current faculty member at Sacramento City College Dental Hygiene Program where her teaching assignments include; Community Dental Health, Ethics and Office Practice, Dental Radiology, and First and Second Year Dental Hygiene Clinical Labs.

Kris LeClair, RDHAP, BA, began her career in dentistry 26 years ago; first as a certified dental assistant, then as a registered dental hygienist. She holds a business management degree from St. Mary's College of California, and graduated the RDHAP program from University of the Pacific in San Francisco. Kris works part time in private practice in Berkeley, CA and is part of the Hygiene Specialist team for Orapharma. Kris is a proud member of the American Dental Hygienists' Association, the California Dental Hygienists' Association, and Mt. Diablo Dental Hygiene Society where she volunteers her time as the Vice President. She is also a member of OSAP, ADEA, and SCDA.



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Accolades and Accomplishments

Maria Perno Goldie, RDH, MS will be installed as President of the International Federation of Dental Hygiene in July 2010



From L to R: Maria Perno Goldie, USA, President Elect; Marjolijn Hovius, The Netherlands, President; JoAnn Gurenlian, USA, Vice President; Leah Littlejohn, Australia, Treasurer

Winnie Furnari, RDH, MS, FAADH was appointed as ADHA's liaison to the National Diabetes Education Program Pharmacy, Podiatry, Optometry, and Dental Professionals Work Group (NDEP PPOD). She also had two recent publications:

Childhood Illnesses Revisited: Polio and Chickenpox/Shingles *Access* November 2009.

Ethics Column – ADHA's Code of Ethics et al. *Access* January 2010.

Heidi Emmerling, RDH, PhD, was appointed as a Site Consultant for the American Dental Association's Commission on Dental Accreditation. She has two books that are being published (*The Purple Guide: Paper Persona* and *The Purple Guide: Paper Persona Workbook*, co-authored with Shirley Gutkowski, RDH, BSDH). Dr. Emmerling authored the lead story in the May/June 2010 issue of *Access* on food intolerances and allergies, is contributing a textbook chapter on professional development, published by F. A. Davis, and was re-appointed as a book reviewer for the *Journal of Dental Hygiene*.

Ellen Standley, RDH, BS, MA will be installed as California Dental Hygienists' Association President in June 2010. She co-authored an article on probes for the Spring 2010 issue of the *California Dental Hygienists' Association Journal* with **Heidi Emmerling, RDH, PhD**.



Ellen Standley, RDH, BS, MA

Toothbrushes for Honduras Children Helping Children



Christel Autuori, RDH BS FAADH recently returned from her tenth trip to the tiny village of San Marcos de Langué in southern Honduras. She led a team of fourteen Cape CARES (Central American Relief

Efforts) volunteers to this mountainous region of Honduras where there is no electricity, no running water, and no physicians or dentists. The Cape CARES volunteers (physicians, dentists, nurses, physician's assistants, dental hygienists, pharmacists, translators, dental assistants, and physical therapists) were joined in San Marcos by three high school students who attend an international school in the capital city of Tegucigalpa. These students served as translators and general helpers for the team, and made posters and educational materials for use in the makeshift Cape CARES clinic and in local elementary schools.



Prior to the trip to Honduras, during the month of February, Christel coordinated a toothbrush drive in her hometown of Ridgefield, CT. She

visited elementary, middle, and high schools, and shared stories and pictures about her work with Cape CARES in Honduras. The annual toothbrush drive began in 2002, with 700 new toothbrushes collected to take to Honduras for distribution. This year, every public and private school in Ridgefield participated in the toothbrush drive and 9,717 new toothbrushes were collected. Christel and Cape CARES team members visited the elementary schools in San Marcos de Lange and the surrounding villages to teach basic oral hygiene, distribute toothbrushes, and administer topical fluoride treatments.

People from San Marcos and twenty surrounding villages walk for up to five



hours to receive the free dental and medical care in the temporary clinic. This year, one third of all dental procedures in the clinic were preventive, demonstrating the

increased level of interest in good oral hygiene.

Cape CARES sends eight to ten teams of volunteers to three different villages in southern Honduras each year. Volunteers are always needed. For more information about Cape CARES and how you can help, please visit www.capecares.org or contact Christel at christel312@gmail.com

National Museum of Dentistry

By

Linda Bohacek, RDH, MA, PhDc

A visit to the National Museum of Dentistry is a fun, fascinating, smile-inspiring experience where students learn the important role oral health plays in a healthy life.

An Affiliate of the Smithsonian Institution, the Museum is renowned for its collection of dental-related treasures from the legendary to the whimsical, from George Washington's not-so-wooden teeth to toothbrushes through the ages. Young children can discover good oral health habits in the interactive MouthPower® laboratory, and science-based exhibits allow middle- and high-school students to explore saliva, forensics, and bioengineering, as well as career possibilities in the world of dentistry.

Hands-on programs and interactive exhibits offer educational activities that meet national education standards in health, science, social studies, and language arts.

I know many of the AADH members and I are already members and would like to invite you to also become a member. The membership level for an individual is \$50.00. Go to www.dentalmuseum.org for application and news.

The benefits of members include free admission for one year, 10% discount on merchandise from the Museum Shop – onsite or online, 10 % discount on engraved courtyard bricks to honor colleagues, family, and friends, free reciprocal admission at Greater Baltimore History Alliance museums (Dental office level), member-only special events, and the latest news and advance notice of programs and exhibitions.

Many of you like myself, live far away from the museum and probably would not get a chance to visit, however by being a member, you also enjoy Smithsonian benefits, as well, including: One-year magazine subscription to *Smithsonian* (12 issues) or *Air & Space* (6 issues), 10% discount on purchases from the Smithsonian catalogue, SmithsonianStore.com and Folkway recordings, discounts on shopping and dining at the Smithsonian, exclusive

Smithsonian Affiliate membership website access, travel and tour opportunities with Smithsonian Journey, and free admission to the Copper Hewitt National Museum in New York City (\$12 value).

On my “bucket list” is an archeological dig with a CEU component to it, strictly for dental hygienists. Our profession is a natural fit for digs. We work in small confined areas, we are attention to detail, and we are science based. Archeologists very often use our old dental instruments to “dig” for natural treasures. Who wants to sign up?!



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Editor's Note

It was an honor to be the editor for *The AADH Times* this last year. I enjoyed working with you all and look forward to continuing as an active member of AADH.

Heidi Emmerling, RDH, PhD
HeidiEmmerling@comcast.net

2009-2010 Executive Committee

President

Trisha Osuna, RDH, BS, FAADH

President-Elect

Diane Brucato-Thomas, RDH, EF, BS, FAADH

Treasurer

Ann-Marie DePalma, RDH, BS, Med, FAADH

Secretary

Winnie Furnari, RDH, BS, MS, FAADH

Immediate Past President

Mary Calka, RDH

**Next Governing Council Meeting
Call Date**

Wednesday July 14, 2010

8:00 PM EST/7:00 pm CST/ 5:00 PM

PST



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