



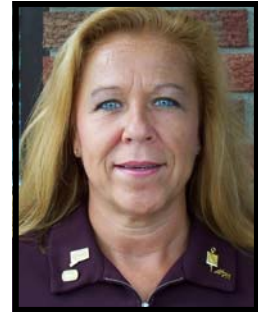
AMERICAN ACADEMY OF DENTAL HYGIENE, INC.

Professional growth through leadership, mentorship, and fellowship

The Times

Spring/Summer 2008

President: Mary Calka, RDH



As my Presidency approaches its final quarter, I am proud to reflect on the successes we have all achieved working together. Over the last few months, while reviewing the documents to create the data base for our Academy lap top I came across a multitude of information that speaks volumes for the growth spurt this group has processed over the last two years.

In the June 2006 issue of the AADH Times, when I began my term of office, I discussed five goals along with my ideas for how we could achieve them as a group. The first was ensuring the integrity of our two vehicles of communication the AADH Times and our website. Many thanks to our members who contribute information for publication in both resources and the committee members and chairs who see to it that we stay on the cutting edge. The second was achieving a more equal balance of membership nationwide through a membership increase. Twenty five new members are from the following list of states: CA, CT, FL, IL, KY, MA, NJ, NY, TX, VA and HI. Third was recognition of our member's area of expertise by promoting fellowship in the AADH. Soon we hope to have our fellowship application available on our website and a promotional announcement included in our members renewal notice. Fourth was developing partnerships with other organizations that share our vision. The AADH is recognized by the ADHA and IFDH through our participation at their annual meetings. Fifth was to improve member communication and participation by developing definitive report deadlines and procedure documents to outline the business of the Academy. Currently the Special Committee on Bylaws is preparing documents for Governing Council's review so Amendments can be sent out to all members by July 1st for consideration and then come before our members in attendance at our Annual Meeting for a final vote.

So if you haven't already made arrangements, take a few moments at this time to plan on joining us at the Chicago Hilton, Chicago, IL on July 31, 2008 from 10:30am-12:30 pm at our AADH annual meeting. Bring a colleague or friend to learn more about how you can benefit from membership in the AADH. As our gift to you for attending, we will award 1 CEU for your participation in:

"REGENERATIVE PERIODONTAL ENDOSCOPY: The Future is NOW!"
Presented by: Diane Brucato-Thomas, RDH, EF, BS.

I thank everyone for their support along with tireless energy, creative ideas and countless contributions. Our next President, Tricia Osuna, RDH, BS, looks forward to continuing this forward momentum.

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AMERICAN ACADEMY OF DENTAL HYGIENE, INC.

Professional growth through leadership, mentorship, and fellowship

President Elect: Tricia Osuna, RDH, BS



Membership and Mentoring

For any association, organized group or network of individuals to be successful and have longevity there must be communication, mentorship and growth. The AADH Times offers the communication tool for us to keep in touch with one another and delivers messages to you on meetings, new ideas for administrative changes and membership. In the coming year I hope to work more closely with those interested in sharing their experience, which is invaluable to us, to mentor some newer members to assist with the AADH future. Our Vision states:

Professional growth through leadership, mentorship and fellowship

Leadership has been established with many committed individuals offering their personal time to guide AADH and comply with state laws for organizations, stay on track with meetings and planning future events. Fellowship is organized and is a rapidly expanding facet of the Academy. This is awesome! Mentorship however seems to be the one part of our vision statement where I see we need to seriously focus on and succeed in this direction to enhance AADH. Mentorship *and* membership go hand in hand. Without the mentoring of new members, there will be no growth. Membership is so important to the success of AADH.

I believe member enthusiasm, one on one encouragement and education of the Academy mission and goals is what is needed to 'jump start' AADH to the next level. The Executive Committee is working diligently on the administrative portion of the Academy to fine tune various aspects to bring us to the next level as a national association however it takes each of you to help AADH grow to that level. The goal I am looking at is that we have at least 25 new members by December 2008. High goal? You bet! If dentistry is able to have so many participate in their Academy then I strongly believe that dental hygienists are able to do the same thing. Yes it is another association to join, yes there is paperwork involved for the application process and yes it does take time to do this. The best part is you are doing it to support YOU and who better to support than yourself?

To this end, I offer you the same challenge as in 2007:

Between April 1 and December 31 2008, the individual that 'sponsors' the most new members will have one year of membership paid my yours truly in the American Academy of Dental Hygiene.

Your name must appear on the membership application as one of the two sponsors to win! You can download applications and write your name on them as a sponsor of the applying individual or ask them to do it, pass them out to your colleagues in the office in your local component or state associations. Ask them to share with their peers as well. We will have these be logged in as they are received and a report sent to the President each quarter to keep us informed of how the challenge is going. Best of luck to each of you and I hope that this will serve as an incentive to speak out on the Academy and help us grow!



AADH Annual Meeting & Continuing Education Seminar

Thursday July 31, 2008

10:30am– 12:30pm



“REGENERATIVE PERIODONTAL ENDOSCOPY: The Future is NOW!”

Course description:

In a recent interview asking about Hygienists' role in tissue engineering, Dr. William Giannobile recognized that "...In the future, regenerative therapies could be as simple as the local delivery of regenerative molecules placed sublingually to promote repair of periodontal and gingival defects. New drug delivery systems to stimulate wound repair of soft tissue and extraction defects may be as simple as applying medicaments directly to wounds..."

This course describes the science behind a new closed periodontal treatment procedure, performed by hygienists, that utilizes a combination of treatment modalities in a specific order that work synergistically to achieve rapid radiographic bone fill. With the development of an affordable, third generation dental endoscope on the horizon, there is the hope that this innovative conservative regenerative procedure will soon become mainstreamed, offering an exciting alternative treatment option for patients with advanced periodontal destruction.

Course objectives:

The participant will be able to:

To describe a new closed conservative periodontal treatment therapy that utilizes a combination of treatment modalities in a specific order to achieve radiographic bone fill.

To understand the synergistic science of Regenerative Periodontal Endoscopy

- * Host Modulation Therapy
- * Periodontal Endoscopy
- * Enamel Matrix Protein

Diane Brucato-Thomas, RDH, EF, BS, founder of the Hawaii Institute for Wellness in Dentistry, has been a practicing periodontal therapist for nearly three decades, and has held positions as Clinical Specialist for DentalView, Inc.; Anesthesia Examiner for WREB; Recorder for Hawaii State Board of Dental Examiners; and Advanced Clinic Instructor for Northern Arizona University's CapSTONE. An active leader on state and local levels of ADHA, and a Governing Council member of the *American Academy of Dental Hygiene*, Diane's professional memberships include *American Association of Dental Examiners*, *Western Society of Periodontology*, and *Cambridge's Who's Who*. Diane was twice awarded "Outstanding Member of the Year" by HDHA, was the first recipient of the "Rosie Wall Community Spirit Grant", and was among the first recipients of the (2002) BUTLER GUM / RDH Magazine Healthy Gums, Healthy Life Award of Distinction.

Diane has published articles in the *Journal of Practical Hygiene* and *RDH Magazine*; and short stories in *Chicken Soup for Soul: A Fourth Course* and *Love is the Best Medicine: for Dental Patients and Dental Teams*, for which "A Grain of Tooth" shared Grand Prize.



AMERICAN ACADEMY OF DENTAL HYGIENE, INC.

Professional growth through leadership, mentorship, and fellowship

Welcome New Members

Welcome New Members



Tracey Bennett, RDH, BS
Anne Pennington, RDH, RBA, MS
Jill Rethman, RDH, BA
Catherine Seifert, RDH, BS
Carol Loo Lee, RDH, MS

Recent American Academy of Dental Hygiene Fellows

Marilyn Cortell, RDH, MS
Tricia Osuna, RDH, BS

AADH Member Kristen Simmons, RDH, BS Promoted to Vice President

We all know that AADH has many exceptional members and Kristen Simmons, RDH, BS is certainly a shining star! Simmons has had continuous promotions since her start with the Willamette Dental Group just 17 years ago.

Starting as a clinical dental hygienist in one of the individual offices, she was quickly recognized for her unique contributions and her career ladder moved on to Lead Hygienist to Hygiene Trainer to Dental Research Coordinator to Quality Assurance Manager to Manager of Clinical Support to Director of Hygiene to Director of Clinical Support and now.....**Vice President of Clinical Development.** Our Kristin is the first dental hygienist to ever hold a VP position with Willamette!

Kristen has always made exceptional contributions to the profession of dental hygiene. In 2006, she was named the Philips/RDH Mentor of the Year and was the cover story of *RDH*. She was President of the Oregon DHA and is often a Delegate to ADHA.....

Kristen - we are so proud of you!

Leslie Andrews





AMERICAN ACADEMY OF DENTAL HYGIENE, INC.

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Published articles:

Mary Calka in Access-November 2007

Christel Koppel Autuori in Access-November 2007 & March 2008

Winnie Furnari in Access– November 2007

Jodie Heimbach in RDH magazine Oct..0 , May 08 &RDH eVillage Feb. 2008

Luisa Nappo-Dattoma in Access– Sept./Oct. 2007

Congratulations!



Christel Autuori RDH BS is the recipient of the 2008 Dr. Esther M. Wilkins Distinguished Alumni Award which will be presented by Dr.

Esther Wilkins at the 2008 Forsyth Alumni brunch in Boston June 8. Christel is a practicing dental hygienist and former instructor of dental hygiene at the Fones School of Dental Hygiene, University of Bridgeport. Earlier in her career, Christel was a participant in the Forsyth Project Rotunda, in which ten dental hygienists were trained to perform all phases of restorative dentistry in an effort to increase access to care.

Christel is co president of Cape CARES (Central American Relief Efforts), and organization of volunteers who bring medical and dental care to the poor of Honduras, who have no access to medical and dental care. Christel has led teams to volunteers to southern Honduras for the past eight years. In addition to providing direct patient care, Christel visits the schools in the area, armed with toothbrushes donated by the schoolchildren in her hometown, and instructs the Honduran children in the importance of good oral hygiene. Toothbrushes are distributed and topical fluoride is brushed on the childrens' teeth to help prevent dental decay.. Christel has written articles which have appeared in Modern Hygienist and RDH magazines about her humanitarian efforts in Honduras

Christel has practiced yoga for almost as long as she has practiced dental hygiene and is a certified AcuYoga instructor and registered yoga teacher with the nationally recognized Yoga Alliance. Christel has presented yoga courses and workshops at regional dental conferences including AcuYoga for Optimal Health at the 2008 Yankee Dental Congress in Boston, Ma. She has developed and conducted AcuYoga for You and Your Patients, a workshop for dental professionals, and has authored articles on the health benefits of yoga which have appeared in Modern Hygiene and Access.

In addition to her membership in AADH, Christel is a member of the American Dental Hygienists Association and former Trustee, Danbury (CT) component. She is a member of the National Dental Assistants Association, the International Federation of Dental Hygienists, the Connecticut Holistic Health Association, and Sigma Phi Alpha, the national honor sorority of dental hygienists..



Donna Grzegorek, RDH

has been chosen as the recipient of “2008 Hygienist Hero” Award sponsored by The American Dental Hygienists' Association in conjunction with Johnson & Johnson Healthcare Products Division. The winning criteria was based on: "A hygienists' dedication to promoting oral health in the community and his/her overall impact on the community, based on the number of people affected. The Hygienist Hero's caring actions make a significant difference in their patients' lives. The Hygienist Hero is one that is committed to taking that extra step, every single day."

Sunstar America/ RDH Magazine The Healthy Gums, Healthy Life Award of Distinction 2008

recipients are:

- Rhonda Adams, RDH, Houston, Texas
- Cate Grater, RDH, Pickering, Ontario
- **Jodie Heimbach, RDH, Howell, New Jersey– AADH Member**
- Lisa Higbee, RDH, Pocatello, Idaho
- Tammy Keller, RDH, Marion, Wisconsin
- Lisa Pense, RDH, Virginia
- Shirley Smith, RDHAP, California
- Debbie Walker, RDH, Oceanside, California





AMERICAN ACADEMY OF DENTAL HYGIENE, INC.

Professional growth through leadership, mentorship, and fellowship

After much thought and with heart felt sadness, I have decided to retire from the position of Executive Director effective May 30, 2008.

The American Academy of Dental Hygiene, Inc. has been an important part of my life since the inception in 1982. I worked on the development of original By-laws, the article of Incorporation and the State and Federal filing of tax-exempt documents and the committees of the organization. I have held many positions from Committee Chair, Treasurer, Assistant Editor, Governing Council Member, and President. Since 1994, I have worked as the Executive Director of the American Academy of Dental Hygiene. I have followed the directives of the Governing Council to facilitate many projects including a working relationship with the American Dental Hygienists Association for course approval. I feel that I have made a significant difference in the growth of this organization during my membership and I am eager to still be apart of its future.

The organization has been growing across the country because of the efforts of dedicated members with the understanding that this is a group of professionals dedicated to the Importance of Education that is not motivated by politics.

My involvement over the years has been very rewarding and there are many new members that I have the privilege to call both friend and colleague. This was not an easy decision for me but one that I needed to make. Now, is a time for change. Change is an important factor in each of our lives in order for us to continue to stretch and grow.

The history of this organization is based on the mentorship of the members. And over the years I have been both the recipient of the guidance of individuals such as Roberta Smith, Susan Graham, Judith Friedman, Elizabeth Pitz, Konetta Putman Sparks, Olga Ibsen, Ann Koznesoff, Barbara Murphy, Linda Bohacek, Joyce Turcotte, and Esther Wilkins. I have also been blessed with mentoring a number of hygienists through the years.

I would like to continue to be of assistance to the ACADEMY. With my diversified experience and commitment to the progression of the organization, I would appreciate the support of the membership for the position on the Governing Council.

With my retirement from the position of Executive Director, I would like to continue to be of assistance to the Academy as Chair of the Continuing Education Committee which I have been involved with for many years.

Sincerely Yours,
Nancy R. Barnes RDH, BA

Nominees for AADH Board & Governing Council 2008-2010 Term are:

Nominee for AADH Treasurer

Ann-Marie De Palma, RDH, MEd, FAADH graduated from Forsyth School for Dental Hygienists, received a Masters in Education in Instructional Design from the University of Massachusetts, is a Fellow of the American Academy of Dental Hygiene, is current AADH treasurer, is a member of the American Dental Educators Association (ADEA), and is past treasurer of Massachusetts Dental Hygienists' Association. Ann-Marie has lectured and written articles on TMD, with one article being included in the NIH's National Oral Health Clearinghouse's Information packet on TMD. She has also developed many CEU programs and is currently a columnist for RDH Magazine.

Nominee for AADH Secretary

Winnie Furnari, RDH, MS, FAADH served as President of the NJ DHA and held officer positions in several associations. She serves on the Access Magazine Editorial Advisory Board, NYUCD Dental Hygiene Advisory Board and the Governing Council of the AADH. She has published in several journals. Winnie has experience in recording minutes and presently serves as secretary for the NYUCD Part-time Faculty committee and secretary for an ADA committee on forensic dental data. I have also served on ADHA's minutes review committee. With her experience, she knows she will serve as AADH secretary with experience and dedication.

Nominee for AADH President-Elect

Diane Brucato-Thomas, RDH, EF, BS, periodontal therapist and endoscopy specialist, founded several continuing education forums, was WREB Anesthesia Examiner; Hawaii BDE Recorder; and Advanced Clinical Instructor at NAU. She is HDHA President Elect, Regulations and Practice Committee Chair; serves on the Governing Board of American Academy of Dental Hygiene; and memberships include the American Association of Dental Examiners, Western Society of Periodontology, and Cambridge's Who's Who. Diane has won several state/national awards, including "Sunstar GUM / RDH Award of Distinction". Her writings appeared in RDH Magazine, Journal of Practical Hygiene, Chicken Soup for Soul and Love is the Best Medicine.

Nominees for Governing Council

Nancy Barnes, RDH, BA, is a member of ADHA, International Federation of Dental Hygienists, American Association of Dental Examiners, and America Society of Forensic Odontology. She has held several leadership positions in the New York Dental Hygienists' Association of the State of New York. She has written articles for AADH Academy Times, ADHA Access, and Contemporary Dental Hygiene. She is currently a dental examiner for Northeast Regional Board of Examiners and the Executive Director of AADH for thirteen years. She has presented numerous continuing education courses, both nationally and internationally on various topics related to dental hygiene.

Carla Gantz, RDH graduated from Western Kentucky University Dental Hygiene Program. She is a member of ADHA and Kentucky DHA. She is currently the President of KDHA, and has held the following offices: President Elect, First Vice, Second Vice and two years as Vice President, one year as President with her local component. Outside the dental hygiene organization, she is a member of "Toastmaster", "Networking Women" and "Rolling Thunder, INC". With 28 years in dentistry and fulfilling her term as President of KDHA Carla feels she works well with others and could bring experience to AADH position of Governing Council.



AMERICAN ACADEMY OF DENTAL HYGIENE, INC.

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Lois Sobel, RDH, is an active member of ADHA, and served as delegate for Massachusetts for four years. For over forty years, she held leadership positions, including President for Massachusetts. At different tier levels of ADHA, Lois has served, and received several awards and accolades for her commitment and dedication. She is the Secretary for AADH and has held that position for three years. Lois is a volunteer in several other organizations demonstrating the same high level of dedication and commitment, receiving awards for her service to those groups. She takes continuing education courses and recently completed her certification in Massachusetts. Lois feels that she is very qualified for the Governing Council position and seeks your support.

Lynn Southerland, RDH graduated from Tyler Junior College and currently practices in the Periodontal Department of an AEGD residency program at Ft. Hood, Texas. She is a member of American Dental Hygienists' Association, of International Federation of Dental Hygiene, AADH, and Central Texas Dental Hygienists' Society. She has held various positions on the state level and developed and maintained a website for the local component. While employed with the Texas Department of Criminal Justice-Institutional Division, she wrote a 34 page manual for guards and medical staff on assisting the mentally and physically challenged offenders with their oral hygiene.

Jane Weiner, RDH, graduated from the Forsyth School for Dental Hygienists in Boston, MA. She has teaching responsibilities at NOVA SE College of Dental Medicine in Ft. Lauderdale, FL. Jane has extensive clinical practice experience. She has kept abreast with the latest dental hygiene theories and presents Dental Hygiene National Board reviews around the country at many dental hygiene colleges as well as privately. She teaches Florida Dental Law and is familiar with how Boards of Dentistry function. If elected, she will help to make quality decisions on the Governing Council taking into consideration the values of the AADH.

Attention Members;

The nominating committee proposes the following list of nominees for the slate of officers and Governing Council members in accordance with the By Laws of the AADH, Inc. The elected officers and four Governing Council members will be installed at the Annual meeting in Chicago, July 31 and serve a two year term (2008-2010).

Additional nominations may be filed with the President and Secretary no later than sixty (60) days prior to the Annual meeting provided such nominations are submitted by written petition by ten percent (10%) of the members and are accompanied by a letter of consent from the candidate being nominated.

Members will receive a ballot of the nominees along with instructions in the mail no less than thirty (30) days prior to the Annual meeting. If your contact information has changed, please notify President Mary Calka and copy Executive Director Nancy Barnes immediately.

Respectfully submitted,
Joyce Turcotte, RDH, M.Ed, Chair of Nominations
Linda Bohacek, RDH, MA, CDHC, Committee Member

Paying it Forward Feels Good!

Have you ever wanted to do something, but wasn't sure that it would work? I had this experience myself very recently. I now know that with positive thinking, using my resources, and writing down what I hoped to accomplish, it can happen. In the Jewish religion to do a "mitzvah" is to do a good deed.

This past August, I had the honor of being a GC America scholarship recipient to CareerFlow West Retreat in San Francisco. This was a life changing experience for me in more ways than one. I learned so many new skills to branch out of my clinical dental hygiene Career, met new lifelong friends and business associates, but most importantly I got to meet Debra Green. Debra is an RDH who was seriously injured in an auto accident 3 years ago. She is now a quadriplegic. Her two friends and fellow RDH's Lori Brogna and Sandy Pierce accompanied Debra on the 12-hour van ride to California from Utah. Sandy and Lori have shown what true friends are as they took care of Deb's needs during the entire trip.

Deb needs to reinvent her clinical dental hygiene career that she loves so much as she can no longer practice. In speaking with Deb I found out she would like to educate at long term care facilities on oral hygiene care. When Deb awoke after her accident the staff at the facility was not maintaining her oral hygiene. While also speaking with Deb I found out that she had borrowed a laptop from a friend (Lori) to come to Career Flow and she had no money to buy one. Once I heard this the wheels in the back of my head-starting turning, it was almost that I couldn't get Deb out of my mind unless I did something about this. I kept thinking that if I needed extra money, I had my two hands and could work if necessary. Deb didn't have that option. It was then that I decided that I wanted to fundraise for a laptop computer, software and accessories so that Debra would have the tools she needed to start her new facet of her career.

From CareerFlow I called my friend Sandra Berger and told her my idea and how I had to do something to help Deb get started. She thought it would work. Once home I contacted Sandy and Lori and they thought it was a great idea as well. I contacted Kristy Menage Bernie and Beth Thompson (co-founders of CareerFlow) and asked if it was ok for me to use the CF email list of faculty and fellow attendees to start my fundraiser. They were on board!! Kristy said by all means "Pay it forward".

Next I called my friend Amy Nieves, RDH owner/moderator of AMYRDH.com and asked her if it was ok for me to post some of Deb's story on the list to raise funds. Amy was so positive about it.

As a member of the Jersey Coast Dental Hygiene study club, I contacted our coordinator about the possibility of a fundraiser for Deb at our next meeting. Through Amy's list, I was contacted by Karen Neiner at Hu-Friedy that they would like to donate a \$400 instrument set up for me to raffle off at the Study club. Some Protégé Inserts donated by Discus Dental, an Ultreo, and baskets from GC America, Sunstar, and Listerine followed this. \$573 was raised that night with the help of Daryl Beckman and Sandra Berger. Donna Gzregorek, RDH led a fundraiser in Chicago and one was held at Deb's component in Utah.

The donations were pouring in everyone was so willing to be part of this. Lori Brogna tirelessly researched which laptop would be best to meet Deb's needs.

The total of funds raised was \$3,4000, which has allowed us to purchase the laptop, specialized voice activated software and accessories that Deb will need.

Deb will have the opportunity to write her first article for Hu-Friedy's website!

The response of people has been amazing. I have received so many beautiful notes wishing Deb good luck and thanking me for my efforts. I have to say that recognition was never on my mind when starting this project. This has truly been a group effort.

I never knew "paying it forward" felt so good! I don't want it to end. I thank you all for helping a fellow RDH in need! I am proud to share this story! If you have an idea I suggest you think it out, write it down and go for it!

Jodie Heimbach RDH



AMERICAN ACADEMY OF DENTAL HYGIENE, INC.

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ADHA Ambassador Program in Russia and Poland: An Experience of a Lifetime

By Joyce Turcotte, RDH, M.Ed., ADHA Ambassador and Journalist

Representing ADHA and traveling to St. Petersburg, Russia and Warsaw, Poland with fifty-two American dental hygienists and guests was a once in a lifetime journey. Organized by the People to People Ambassador Program and ADHA, co-leaders Marge Green, RDH, MS and Irene Connolly, RDH, MS, our role as Ambassadors was to have a professional exchange with Russian and Polish dental health care public officials, professional leaders, administrators, educators, practitioners and public health dental hygienists.

For nine days in the summer of 2007, our group toured both cities to learn about the political, cultural, and social changes that have occurred over centuries. Relatively recent political restructuring, post-Soviet period, has led to increased western influences, commercial opportunities and free enterprise that has resulted in some drastic changes.

While in St. Petersburg, we attended and toured cultural events and landmarks. In Poland, we were reminded of the destruction of lives and property during WWII and the bravery and strength of the Polish people to overcome oppression and rebuild their cities.

During our visit, nine meetings and tours were arranged with the local dental hygiene faculty, public health officials, and practicing dental hygienists at public and private dental health clinics, medical centers and agencies. As dental health care professionals, the primary goal of our delegation was to attain a better understanding of the oral health care system in policy and delivery of services and its accessibility for people of Russia and Poland. Through a professional exchange, we shared the similarities, differences, and challenges we face as health care providers regarding education standards, practice, employment circumstances and other relevant professional issues.

Russia

At the Ministry of Health, our group met with the key health professionals of Russia and discussed general practices in health care. The government healthcare system in Russia guarantees and regulates medical healthcare. Needs assessments are done before the state budget is finalized. Free healthcare and some dental care services are provided in clinics and financed through state insurance. The general public does not have dental insurance; therefore, they do not use dentistry for prevention.

There are currently 1,000 private dental clinics in Russia and 80,000 dentists for 140 million patients. TV advertising and selling dental and hygiene packages, which include prevention, are growing in popularity.

The water system is not fluoridated because it is viewed as a medical application. Fluoride is relied on from dental products and bottled water. Sealants are also not part of public health practice. Sixty to ninety percent of school-aged children have caries. Disease prevention is a priority.

Dental hygiene is a two-year program. The Medical College #3 trains Oral Hygiene Specialists for free with the intent that they will serve the state public dental clinics. Many hygienists, however, pursue private practice instead.



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Poland

The Polish Dental Hygiene Association officially began in 2003. This year, legislation is anticipated to be introduced for the licensing of dental hygienists. The study of dental hygiene there began in 1973. It has since been broadened to two years and a diploma is earned upon graduation from a public or private college.

In Poland, caries frequency in children up to age three is twenty percent. By age six, caries frequency is ninety percent. Basic dental treatment is free of charge. The water is not fluoridated and fluoride is applied only in post eruption dentition.

After graduation from dental hygiene school, hygienists seek employment mostly in private dental office settings. Jobs are hard to find because dentists are not familiar with the duties or misunderstand the role of the dental hygienist. Also, patients generally don't seek oral health and disease prevention care. Dental hygiene is a relatively new concept in these countries. Under former political structures, the general population was treated for dental maladies, often times without anesthesia. Fear of dental care is still prevalent.

With the recent expansion of public dental care services, dental insurance, public education, and professional training, dental health prevention should become common practice. The Polish Dental Hygiene Association, for example, is campaigning for Preventive Oral Health Care. A public health concern discussed by the profession is the wide use of tobacco products in the young and adult general population.

Dental hygienists provide services under general supervision. Services rendered by dental hygienists include dental and periodontal exams, power, and manual scaling, polishing, sealants, and fluoride treatments, whitening procedures, inventory control, documentation and administrative duties. X-rays are not part of the dental hygiene curriculum and are the duty of dental radiology technicians. Fees for service are through public finance and national service.

We were fortunate enough to visit an orphanage and foster home in Warsaw. The children were well cared for and can reside in the orphanage until the age of 18. We provided group instruction through interpreters and one-on-one instruction to children and teenagers in oral and general care.

This experience with my fellow ambassadors, guests, and international colleagues was an amazing personal and professional journey. The experience of sharing an intellectual exchange with my peers in other countries and realizing we are all striving for the same goals was worth every moment.





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2008 Give Kids A Smile At The Cradle of Aviation Museum in Garden City, New York

The "Give Kids A Smile" program provided dental examination and education to over 900 needy children in the community during Dental Health Month. Dr. Michael Shreck (Nassua Dental Society) organized the event and the teams of participants from a local High School as well as the staff and students from Farmingdale State College, Long Island Jewish Hospital & North Shore Hospital. During the program 65 children were diagnose with caries and other dental needs.



ATTENTION ALL SPEAKERS!!

A slide has been created for all AADH speakers to insert into their programs with the purpose of promoting the Academy. It is only one slide and copy (Notes Page) is provided. The slide is in a generic white background and when placed into your PowerPoint program, will automatically convert to the background of that program.

To receive the slide via email, please contact Leslie Andrews at Leslieandrews@att.net. Leslie will send you the slide and instructions



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www.aadh.org

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***Become a Fellow
in the American Academy of Dental Hygiene***

Fellowship Application Procedures and Deadlines

The following regulations apply to members who are seeking the award of Fellowship in The American Academy of Dental Hygiene (FAADH). Members who have met all requirements and choose to apply for the Fellowship must complete an application.

Applications for the Fellowship Award must be postmarked by **July 1st, 2008** and sent to Executive Director to be considered for convocation that same year.

Applications received by the July 1st, 2008 deadline will be reviewed by the Fellowship Review Committee. Applicants will be informed by letter regarding AADH action by August 1st. All new fellows are encouraged to attend a special ceremony held during the AADH Annual Meeting.

A \$25 application fee is required and must accompany the award application.

Requirements in effect at the time of your membership will apply to your records. Membership in AADH maintains Fellowship status. Requirements for future members may change.

1. Be a active full or life member of the Academy for at least three (3) years.
2. Provide documentation of achievement of a Baccalaureate degree or higher.
3. Be elected by 3/4 vote of the Governing Council.
4. Fulfill 3 of 4 additional criteria.
 - A. Document advanced education of at least 100 hours in the specialty or field.
 - B. Document active participation in the specialty or field via practice, published research or poster/clinic presentations at national or international hygiene meetings, or having served elected leadership positions in hygiene associations.
 - C. Present a continuing education course which meets AADH guidelines for course approval.
 - D. Advanced the cause of the specialty/field in some community related significant manner.

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Left pic: Millie Thaw & Patti DIGangi

Right pic: Winnie Furnari & Diane B. Thomas



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The AADH Times will now be delivered only via the Internet. This is a cost saving measure to better serve our members in a more fiscally responsible manner, not incurring the cost of printing and mailing. If you do not have access to a computer you will be able to obtain access to www.aadh.org at your local public library. This also will ensure our funds are focused on member benefits and continuing education which will further enhance our relationships with other professional associations.

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Thank you,

Millie E. Thaw RDH

Editor of AADH TIMES