



AMERICAN ACADEMY OF DENTAL HYGIENE, INC.
Professional growth through leadership, mentorship, and fellowship

The Times

Spring/Summer 2007

President: Mary Calka, RDH



It's hard to believe almost one whole year has past since our annual meeting in Las Vegas, Nevada.

Many important American Academy of Dental Hygiene (AADH) projects are underway to acknowledge the needs of today's Registered Dental Hygienist. In order to accommodate member participation in our professional organization, an Ad Hoc committee on membership is evaluating our current policies and bylaws with the goal of streamlining our application and renewal process. New categories of membership are being investigated to enlist potential members, protect current members and retain our retired members.

The Ad Hoc committee on awards is reaching out to current members for ideas on the types of programs that will recognize their contributions to the profession of dental hygiene and enhance their relationships amongst peers.

The Finance Committee and Executive Director are investigating the feasibility of the AADH accepting credit card payment for accounts receivable.

A lap top computer was purchased for the Academy in order to archive records, streamline business and enhance communication between potential members, current members, corporate affiliates and consumers.

Our Governing Council continues to meet by conference call quarterly to ensure timely attention to AADH projects and business. I am proud to announce a quorum has been present at all meetings. Many thanks to all our members who make time in their busy schedules to participate in the calls. Your interest speaks volumes to your commitment in achieving the goals of our organization.

The AADH continues to approve Continuing Education for professional and corporate groups and it is with great pleasure that we are now receiving requests from individual speakers for approval as well.

This June will mark the beginning of professional affiliation with the American Dental Hygienists' Association (ADHA). Please join me on Friday June 22, 2007 from 5 pm to 7 pm at the 84th Annual Session in New Orleans as I bring greetings to the group on behalf of the AADH. During the Opening Ceremonies I will have the honor of presenting the gift of AADH membership, for 2007-2008 cycles, to ADHA President Margaret Lappan Green, RDH, MS.

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The AADH will also have promotional space at this meeting where we will display public relations materials in order to inform dental hygienists about the mission of our organization and how membership can make a difference in their personal/professional lives.

President- Elect Osuna is working with ADHA staff to develop a plan for the AADH to co-sponsor an event with dental hygiene educators at one of ADHA's professional meetings in 2008.

The International Federation of Dental Hygiene (IFDH) has invited the AADH to participate in their annual meeting which will be held in Toronto, Canada from August 19-21, 2007. Hopefully, we can arrange for a member of our Executive Committee to take advantage of this opportunity to build an alliance with yet another dental hygiene group who share in our common interests and support our visions.

So many exciting opportunities for advancement are developing for members of the AADH as our organization grows!

Come join us at the Omni Shoreham Hotel in Washington, DC on August 2, 2007 from 1:30pm-3:30 pm at our AADH annual meeting.

Bring a colleague or friend to learn more about how you can benefit from membership in the AADH.

As our gift to you for attending, we will award 1 CEU for your participation in "Meeting the Challenge of Dental Hygiene in a Mobile Society" presented by Jane Weiner, RDH.



August 2-4, 2007

AADH Annual Meeting & Continuing Education Seminar
Thursday August 2, 2007 1:30pm-3:30pm

" Meeting The Challenges of Dental Hygiene in a Mobile Society"

Newly admitted AADH member Jane Weiner , RDH

2003 Recipient of the Dr. Esther Wilkins Distinguished Alumni Award

2005 Recipient of the Phillips Oral Health Care and

RDH Magazine Mentor of the Year Award

2006 Recipient of the Sunstar Butler Award of Distinction

This seminar will enlighten the dental hygienist regarding the national and board exam processes. Where to start, what to do, how to prepare and regional what the available sources are, will be focus on. **1 CE unit**



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President Elect: Tricia Osuna, RDH, BS



Membership Challenge

For any association, organized group or network of individuals to be successful and have longevity there must be communication and growth. The AADH Times offers the communication tool for us to keep in touch with one another and deliver messages to you about meetings, new ideas for administrative changes and we need to work on other aspects of the Academy. Our Vision states:

Professional growth through leadership, mentorship and fellowship

Leadership has been established with committed individuals offering their personal time to guide AADH along and comply with state laws for organizations, stay on track with meetings and planning future events. Fellowship is organized and is a newly growing part of the Academy which is awesome. Fellowship is newly establish part of the Academy which recognizes the excellence that member have attained. Mentorship however seems to be the one part of our vision statement where I see we need to seriously focus on and succeed in this direction to enhance AADH. Mentorship *and* membership go hand in hand. Without the mentoring of new members, there will be no growth. Membership is so important to the success of AADH however membership is not increasing as it needs to.

I truly believe that member enthusiasm, one on one encouragement and education of the Academy mission and goals is what is needed to 'jump start' AADH to the next level. The Executive Committee is working diligently on the administrative portion of the Academy to fine tune various aspects to bring us to the next level of as national association however it takes each of you to help AADH grow to that level. The goal I am looking at is that we have at least 100 new members by the March 2008. High goal? You bet! If dentistry is able to have so many participate in their Academy then I strongly believe that dental hygienists are able to do the same thing. Yes it is another association to join, yes there is paperwork involved for the application process and yes it does take time to do this. The best part is you are doing it to support YOU and who better to support than yourself?

To this end, I offer each of you a challenge:

Between April 1 and December 31 2007, the individual that 'sponsors' the most new members will have one year of membership paid my yours truly in the American Academy of Dental Hygiene.

You can download applications from the website and place your name on a corner as a sponsor of the applying individual or ask them to do it, pass them out to your colleagues in the office in your local component or state associations. Ask them to share with their peers as well. We will have the administration report all applications as they are received and it will be submitted to the President Elect each quarter to keep us informed on how the challenge is going. Best of luck to each of you and I hope that this will serve as an incentive for you to speak out on the behalf of the Academy and help us grow!

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Welcome New Members

Welcome New Members

																					
	Susan Pennella Burzynski										Rachelle Conway Rose										
	2708 Colvin Blvd.										125 Bayview Blvd.										
	Tonawanda, NY 14150										Atlantic Beach, NC 28512										
	Kleenteeth@verizon.net										rrrdh@earthlink.net										
																					



Christel Autuori, RDH, BS, Trustee, Danbury, recently presented "From the Forsyth Project to the ADHP at the 90th anniversary celebration of the Forsyth School for Dental Hygienists in Boston. Christel, a Forsyth graduate, was a participant in the Forsyth Rotunda Project, the only research project of its kind in the United States, in which dental hygienists were trained to perform all phases of restorative dentistry, including the irreversible procedures of the removal of decayed tooth structure. The Forsyth Rotunda Project is of interest and importance in light of the development of the Advanced Dental Hygiene Practitioner (ADHP). The Forsyth Rotunda Project proved that graduate hygienists could be trained in all phases of restorative dentistry in twenty five weeks at the cost of about one seventh the cost of educating a dentist. The easiest, most efficient and most cost effective way to bring dental care to the underserved population is by training the dental hygienist in additional duties. The Advanced Dental Hygiene Practitioner is the answer to the problem of access to care and the solution to this crisis in America today.



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Dental Hygiene Educator

Ann-Marie DePalma, RDH, BS, FAADH

Dental hygiene offers a variety of opportunities to grow beyond clinical practice. Based on the six roles of the dental hygienist supported by the American Dental Hygienists' Association, a hygienist can practice as a clinician, as a researcher, in public health, as an administrator, an advocate and an educator. There is no end to the possibilities of the profession.

After practicing clinical hygiene for over 25 years and having a variety of opportunities, both clinically and non-clinically in those practices, I decided to expand my career opportunities into education. I have always loved the educational components of dental hygiene, whether one-on-one with patients or in larger continuing education group settings, it seemed a logical growth of my career path. Little did I know the challenges and rewards that education would present.

I initially was hired as an adjunct clinical instructor. Having obtained a bachelor of science degree many years previously, I qualified for this position. However, I soon learned that in order to advance in the academic arena, a masters degree or higher is required. Therefore, I began a journey both as an instructor and as a student, enrolling in a MED program. I chose a blended learning program, one that incorporated both online and traditional classroom experiences. I have enjoyed the program and will hopefully complete my studies this spring.

Dental hygiene education is a wonderful opportunity to advance the science and profession as a whole. However, no matter how many clinical years and experiences one has, one must be able to break the information learned over the years into manageable pieces for the beginning hygienist to understand. It can often be a demanding and frustrating experience, but one that can bring about tremendous rewards for both the student and the instructor. Beginning as a clinical adjunct at a dental hygiene program is a great way to "test the waters", but it is not until full-time status is achieved that one can appreciate the full experience. Challenges and excitement abound and no day is ever the same!

If formal educational programs are not for you, then share your knowledge with other practicing hygienists. Write an article for your state association newsletter (or better yet, The AADH Times) on a subject you are knowledgeable about. From there, one can even become a continuing education presenter if the idea appeals to you. There are many continuing education presenters who are always interested in promoting and helping others. When one hygienist spreads the word about a topic, we all benefit. In addition, many dental and dental hygiene corporations are interested in those who have educational experiences along with clinical knowledge. Many educational positions can be found in both full and part time capacities and some offer benefits.

If I were to offer someone advice on getting into the educational arena, first I would say follow your passions. One must be passionate about a subject in order to impart its often difficult concepts to others. Next, continue with formal education. Begin with degree completion programs and move on from there. There are many more opportunities to learn now than just a few years ago. Network with other hygienists and become a member in the American Dental Hygienists' Association and AADH. The sky is the limit in education. For more information, I can be reached at AMRDH@aol.com.



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***Become a Fellow
in the American Academy of Dental Hygiene***

Fellowship Application Procedures and Deadlines

The following regulations apply to members who are seeking the award of Fellowship in The American Academy of Dental Hygiene (FAADH). Members who have met all requirements and choose to apply for the Fellowship must complete an application.

Applications for the Fellowship Award must be postmarked by **July 1st, 2007** and sent to Executive Director to be considered for convocation that same year.

Applications received by the July 1st, 2007 deadline will be reviewed by the Fellowship Review Committee. Applicants will be informed by letter regarding AADH action by August 1st. All new fellows are encouraged to attend a special ceremony held during the AADH Annual Meeting.

A \$25 application fee is required and must accompany the award application.

Requirements in effect at the time of your membership will apply to your records. Membership in AADH maintains Fellowship status. Requirements for future members may change.

1. Be a active full or life member of the Academy for at least three (3) years.
2. Provide documentation of achievement of a Baccalaureate degree or higher.
3. Be elected by 3/4 vote of the Governing Council.
4. Fulfill 3 of 4 additional criteria.
 - A. Document advanced education of at least 100 hours in the specialty or field.
 - B. Document active participation in the specialty or field via practice, published research or poster/clinic presentations at national or international hygiene meetings, or having served elected leadership positions in hygiene associations.
 - C. Present a continuing education course which meets AADH guidelines for course approval.
 - D. Advanced the cause of the specialty/field in some community related significant manner.

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PLEASE CONTACT EXECUTIVE DIRECTOR, NANCY R. BARNES AT
PBAREAM@AOL.COM**

**Nominees for two Governing Positions on the AADH Board for
2007-2009 Term are:**

Carla Gantz, RDH

Carla is a practicing dental hygiene clinician, working with Dr. William H. Funk in Bowling Green, KY. She began her career in dentistry in 1980 as a dental assistant. She returned to college and in 1996, graduated from Western Kentucky University with an associate degree in dental hygiene, along with "Outstanding Student Award" and the Class Congeniality Award". She is an ADHA member and very active with KDHA. She has held the office of Second Vice, First Vice, and President Elect and on May 12, 2007 installed as President. She has served as KDHA alternate delegates 2006 and 2007 Head Delegate at ADHA. She has also held office for her local level, South Central Component as President, Vice President and delegate for KDHA several years. Carla's passion for dental hygiene is contagious.

Tammy L. Filipiak RDH, BS

Currently, Tammy serves as the Director of Dental Hygiene for Midwest Dental, a group practice with 46 offices in WI, MN, IA and IL. Over the years, she has served in various officer roles, on councils and committees for her local and state associations, most recently completing a position as the Chair of ADHA Council, Regulation and Practice; as the clinical dental hygienist on the ADHA taskforce to develop clinical practice guidelines. Tammy in 1987 graduated from North Central Technical College and 2003 graduated from Upper Iowa University with a Bachelor of Science in Business. Tammy has been a practicing dental hygienist for 20 years and has worked in various settings and in her current role for the past three years.

Mary Kellerman RDH

Mary is Past President of the Massachusetts Dental Hygiene Association. Her experience has been in both private practice and public health. She currently works with Cambridge Health Alliance, the Head Start Programs and the Mass. Department of Public Health conducting research. Mary graduated from Forsyth School of Dental Hygiene and then received her Masters in Dental Public Health from Boston University. She served on the Massachusetts Dental Hygiene Board in a P.R. council position and Massachusetts Liaison Tobacco Cessation to ADHA. Mary also served Forsyth, Massachusetts College of Pharmacy as a Board Member. Her objective is to utilize her attained dental hygiene skills and acquired public health experience while continuing to work in the oral health arena.

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Judy McCauley RDH, MA

Currently, Associate Professor and full time faculty at Palm Beach Community College in Lake Worth Florida. Graduate of Hostos Community College, New York (1973), and has been practicing dental hygienist and educator for 34 years. Earned a Bachelor of Science from the State University of New York in Health Science as well as a Master of Arts in Dental Health Education from New York University and currently enrolled in a Doctorate Degree program/ Organizational Management at Nova Southeastern University, Ft. Lauderdale, Florida. For the past 28 years, primary focus has been as a dental hygiene educator, but also stayed involved with private practice. Throughout the years has served in a variety of different roles and position within the state dental hygiene associations. Greatest passion is working with students to developed high professional standards of care to serve the community and be immersed in the dental hygiene as a life long career. Present activities include: Advisor to the Florida State Student Dental Association, SADHA Advisor PBCC, Consultant and Site visitor to the ADA Commission on Dental Accreditation, South Florida Special Olympics, Special Smiles Clinical Director and trainer, book reviewer for the Journal of Dental Hygiene. Judith presently has continuing education courses within the college as well as for professional associations.

Laura Lynn Southerland RDH

Laura graduated from Tyler Junior College in 1986 with an Associate degree in Applied Science, Dental Hygiene. She has been an active clinical dental hygienist for over 19 years. Laura has worked in a variety of settings including private practice, institutional setting, and fortunate enough to work in the Periodontal Department of an AEGD residency program at Ft. Hood, Texas. Laura is presently employed by Smile Care at Ft. Hood, Texas. On the local level, Laura is the President of the Central Texas Dental Hygienists' Association and a member of the Temple College Dental Hygiene Advisory Committee. At the state level, she is the Public Affairs Council Chair, Website Maintenance Committee Chair, TDHA Representative to Texas Oral Health Coalition, Area Media Spokesperson Committee member, and Corporate Relations Committee member. Laura has developed and maintain a website for our local component as well as numerous newsletters for the hygienists in her component to keep them updated on current events. She is dedicated to her career. Laura is honored to be considered for a position on the Governing Council and hope to give this job the effort it deserves.

Please share achievements and articles with fellow members through the AADH TIMES by submitting them to me via email:

thetoothfairylives@yahoo.com

Thank you,

Millie E. Thaw RDH

Editor of AADH TIMES





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**AADH Members at The Yankee Dental Congress Conference
in Boston, MA**



From left to right back row: Marilyn Cortell, RDH, MS, Public Relations Committee, Consultant Mary Calka, RDH, Barbara Dawidjan, RDH, MEd, Member, Patricia Cohen, RDH, MS, Potential AADH Member, Leslie Andrews, RDH, MBA, Public Relations Relations Committee, Chair, Front row from left to right: President, Joyce Turcottee, RDH, MEd, Immediate Past President, Ann-Marie DePalma, RDH, BS, FAADH

IMPORTANT NOTICE

The AADH Times will now be delivered only via the Internet. This is a cost saving measure to better serve our members in a more fiscally responsible manner, not incurring the cost of printing and mailing. If you do not have access to a computer you will be able to obtain access to www.aadh.org at your local public library. This also will ensure our funds are focused on member benefits and continuing education which will further enhance our relationships with other professional associations.

Folic Acid May Prevent Cleft Lip and Palate

A new study finds that women who take folic acid supplements early in their pregnancy can substantially reduce their baby's chances of being born with a facial cleft.

Researchers at the National Institute of Environmental Health Sciences (NIEHS), part of the National Institutes of Health, found that 0.4 milligrams (mg) a day of folic acid reduced by one third the baby's risk of isolated cleft lip (with or without cleft palate). Folic acid is a B vitamin found in leafy vegetables, citrus fruits, beans, and whole grains. It can also be taken as a vitamin supplement, and it is added to flour and other fortified foods. The recommended daily dietary allowance for folate for adults is 400 micrograms or 0.4 mg.

"These findings provide further evidence of the benefits of folic acid for women," said Allen J. Wilcox, M.D., Ph.D., lead NIEHS author on the new study published online in the British Medical Journal. "We already know that folic acid reduces the risk of neural tube defects, including spina bifida. Our research suggests that folic acid also helps prevent facial clefts, another common birth defect." In the United States, about one in every 750 babies is born with cleft lip and/or palate.

"Folic acid deficiency causes facial clefts in laboratory animals, so we had a good reason to focus on folic acid in our clefts study," said Wilcox. "It was one of our main hypotheses."

The researchers examined the association between facial clefts and mothers' intake of folic acid supplements, multivitamins, and folates in diet. The researchers found that folic acid supplementation of 400 micrograms or more per day reduced the risk of isolated cleft lip with or without cleft palate by one-third, but had no apparent effect on the risk of cleft palate alone.

"A mother's nutrition during pregnancy is clearly an environmental factor that can affect the health of her fetus," said NIEHS Director David A. Schwartz, M.D. The NIEHS researchers are continuing to analyze their data for evidence of other environmental exposures that increase the risk of facial clefts.

This population-based study was conducted in Norway, which has one of the highest rates of facial clefts in Europe and does not allow foods to be fortified with folic acid. The investigators contacted all families of newborn infants with clefts (either cleft lip with or without cleft palate (CLP) or cleft palate only (CPO)) born between 1996 and 2001 in Norway. The study included 377 babies with CLP and 196 with CLO; as well as 763 control babies randomly selected from all live births in Norway.

The researchers mailed two questionnaires to each of the mothers participating in the study. The first questionnaire mailed soon after delivery focused on general health information, including demographics, reproductive history and information about environmental exposures including smoking, alcohol and vitamins; whereas the second questionnaire focused

on nutrition and diet during the pregnancy. Mothers who reported taking folic acid supplements and or multivitamins were asked to send in their empty bottles or labels to confirm dosage.

The nutrition questionnaire included questions on mothers' fruit and vegetable consumption during the first three months of pregnancy.

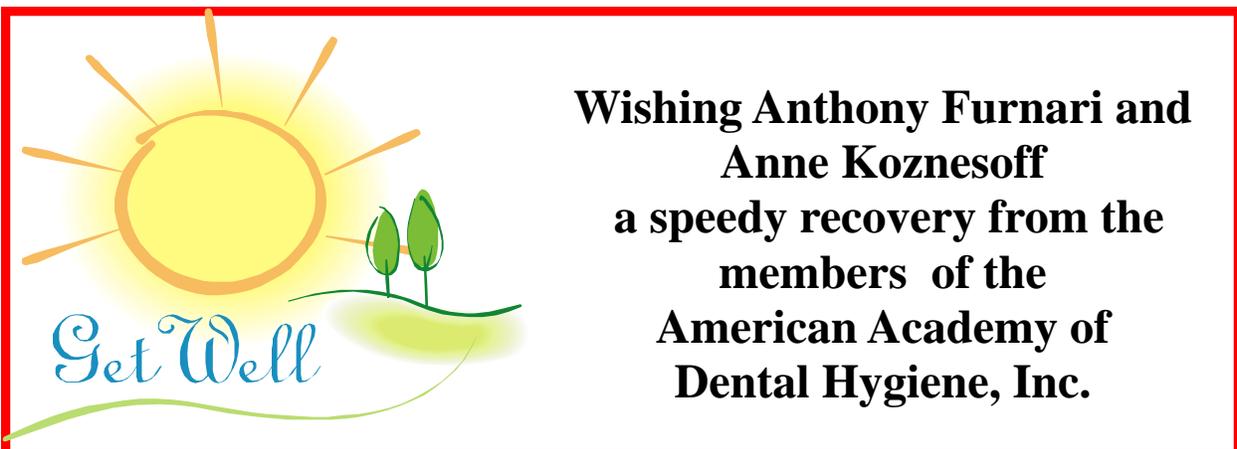
The researchers estimated that 22 percent of isolated CLP cases in Norway could be averted if all pregnant women took 0.4 mg of folic acid per day.

In addition to funding from NIEHS, this research was supported by the Johan Throne Holst Foundation for Nutrition Research, and the Thematic Perinatal Nutrition at the Medical Facility of University of Oslo, Norway. Researchers at the University of Bergen, the University of Oslo, and the Departments of Plastic Surgery in Oslo and Bergen, Norway, also contributed to this study.

The National Institute of Environmental Health Sciences (NIEHS), a component of the National Institutes of Health, supports research to understand the effects of the environment on human health. For more information on environmental health topics, please visit our website at <http://www.niehs.nih.gov/>.

The National Institutes of Health (NIH) — The Nation's Medical Research Agency — includes 27 Institutes and Centers and is a component of the U.S. Department of Health and Human Services. It is the primary federal agency for conducting and supporting basic, clinical and translational medical research, and it investigates the causes, treatments, and cures for both common and rare diseases. For more information about NIH and its programs, visit www.nih.gov.

Reference: Wilcox AJ, Lie RT, Solvoll K, Taylor J, McConaughy DR, Abyholm F, Vindenes H, Vollset SE, Drevon CA. "Folic Acid Supplements and the risk of facial clefts: A National population-based control study." *British Medical Journal*, 2007.



CHILDREN'S DENTAL HEALTH MONTH RESOURCE

The National Maternal and Child Oral Health Resource Center (OHRC) in collaboration with the MCH Library at Georgetown University released a new edition of its knowledge path about oral health and children and adolescents. Presented in time for Children's Dental Health Month in February, this electronic resource guide points to a selection of current, high-quality resources that analyze data, describe effective programs, and report on policy and research aimed at improving access to and the quality of oral health for children and adolescents. Separate sections identify resources on specific aspects of oral health including dental sealants, early childhood caries, fluoride varnish, Head Start, child care, school-based education, and school-based care. The final section lists oral health resources for consumers. This knowledge path is intended for use by health professionals, program administrators, educators, policymakers, and consumers who are interested in obtaining timely information on this topic. The knowledge path is available at <http://www.mchoralhealth.org/knwpathoralhealth.html> .

MCH Library knowledge paths on other maternal and child health topics are available at <http://www.mchlibrary.info/KnowledgePaths/index.html>.

The MCH Library welcomes feedback on the usefulness and value of these knowledge paths. A feedback form is available at <http://www.mchlibrary.info/KnowledgePaths/feedback.html> .

The National Maternal and Child Oral Health Resource Center (OHRC) (<http://www.mchoralhealth.org>) gathers, develops, and shares high-quality information and materials to help states and communities address current and emerging public oral health issues and improve oral health services for infants, children, adolescents, and their families.

The MCH Library (<http://mchlibrary.info>) is a virtual guide to maternal and child health information. It offers a wide variety of electronic resources, including the MCH Alert, knowledge paths, databases, bibliographies, and other materials developed for health professionals, policymakers, and families. The MCH Library is located at the National Center for Education in Maternal and Child Health (NCEMCH) at Georgetown University.

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To receive notification of new resources from the MCH Library and the OHRC in the future, you can subscribe to the MCH Alert (<http://mchlibrary.info/alert/default.html>), a weekly electronic newsletter that provides timely reference to research, policy developments, recently released publications, new programs, and initiatives affecting the MCH community.

Posted by: Sarah Kolo, OHRC
 sk22@georgetown.edu



Carol McNamara RDH and
 Millie Thaw RDH
 participated in
 2007 Give Kids A Smile
 At The Cradle of Aviation in
 Garden City, New York
 Nassau Dental Society

Give Kids A Smile

The “Give Kids A Smile” program provided dental examination and education to over 900 needy children in the community during Dental Health Month. Dr. Michael Shreck organized the event and the teams of participants from a local High School as well as the staff and students from Farmingdale State College, Long Island Jewish Hospital & North Shore Hospital. During the program 65 children were diagnose with caries and other dental needs.

ATTENTION ALL SPEAKERS!!

A slide has been created for all AADH speakers to insert into their programs with the purpose of promoting the Academy. It is only one slide and copy (Notes Page) is provided. The slide is in a generic white background and when placed into your PowerPoint program, will automatically convert to the background of that program.

To receive the slide via email, please contact Leslie Andrews at Leslieandrews@att.net. Leslie will send you the slide and instructions



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