



AMERICAN ACADEMY OF DENTAL HYGIENE

TIMES

Summer ~ 2013

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Members in the News

Congratulations to AADH members, Christel Koppel Autuori RDH, RYT, MA, FAADH, Margaret J. Fehrenbach, RDH, MS and Edie Shuman-Gibson, RDH, BSDH, MSc, FADIA

They are an inspiration to the profession and AADH is proud to have them as members.

[Click here to view their outstanding accomplishments.](#)

Welcome New Members

Summer is in full swing and another edition of the AADH Times is rolling out. There has been so much going on, so once again we have great things to share.

Our goal is to provide information that is useful to our members and deliver it in a timely fashion, while advancing the mission and goals of the AADH. We would like your feedback about the newsletter!



2013 AADH Annual Meeting a Success!

The AADH met for their annual meeting on Tuesday, July 16, 2013 prior to the beginning of RDH Under One Roof in Las Vegas. Over 30 members and guests enjoyed a networking session followed by the business meeting. The meeting, led by President, Kristy Menage Bernie included acknowledgement and thanks to corporate sponsors Philips Oral Healthcare and Sunstar. Craig Dickson from PennWell was acknowledged for their continuing support of the Academy. Craig greeted the group and expressed that collaboration with the AADH was an important opportunity for the PennWell Group.

Menage Bernie then overviewed the year ([click here to view the AADH President's report](#)) and recognized outgoing leaders with a certificate and cell phone charm. All proposed bylaw amendments were adopted utilizing electronic voting response cards as well as a report of the membership vote online. The results of the elections were also announced ([click here to view officer and governing council member profiles](#)) and Menage Bernie thanked all of the candidates for their enthusiasm to be



leaders of the Academy. The session concluded with a breakout session regarding future initiatives for the Academy.

For full minutes from the June GC meeting or the annual meeting or for information regarding AADH activities, please contact President, Kristy Menage Bernie, at kmenageb@aol.com Upcoming Governing Council call/meeting dates: October 23, 2013; January 22, 2014; April 19, 2014 and July 9, 2014.

Join us in welcoming our new members (including our first international member) to the AADH!

The AADH also has a new Fellowship Member!

[Click here to view their profiles](#)

The talent of AADH membership is abundant - do you know a talented, future focused colleague who would be a great AADH member? Please refer them to:

[AADH Membership Application](#)

For information on how to become a fellow visit:

[AADH Fellowship Information](#)

Upcoming National Dental Hygiene Events

CCL at the 91st ADHA Annual Session



June 18th-24th 2014

Registration opens January 2014

RDH Under One Roof

August 14-16, 2014 · Hyatt Regency, Chicago, IL



AADH Annual Meeting: August 13, 2014!

AADH President Honors Member



President Kristy Menage Bernie, RDH, BS, RYT honored founding AADH member Winnie Furnari, RDH, BS, MS, FAADH with the AADH Presidents Award for Commitment to Excellence. A pin commemorating the award was given to Winnie for her work as a long time committee member, officer and governing council member. Winnie truly represents Commitment to Excellence and who we all aspire to be as leaders.

Congratulations, Winnie!



Beyond the Chair!

PennWell, RDH Magazine Editor Mark Hartley is recruiting experts to review continuing education articles in RDH Magazine. Please send Mark an email with your area of expertise to: [Mark Hartley](#)

In addition, they are looking for AADH members interested in submitting a CE article for RDH Magazine. An honorarium is available for both opportunities.

2013 Sponsors

Our sincere appreciation to these companies for their support of AADH this year!



Moving Forward....On behalf of the AADH Leadership we welcome submissions for the *TIMES*, which will be sent out 4 times a year. The next issue deadline is October 25th. Ideas for feature articles, Members in the News or letters to the Editor should be sent via email to hylife@charter.net

Angie Stone, RDH, BS, Editor
American Academy of Dental Hygiene



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AMERICAN ACADEMY OF DENTAL HYGIENE

American Academy of Dental Hygiene Report 2012/2013 Annual Report • Kristy Menage Bernie, RDH, BS, RYT • President

Goals/Opportunities:

This year, goals/opportunities/outcomes were issued for each council at the beginning of the year as follows:

- **Membership Committee**
 - Review all new member applications and make recommendations to GC
 - Consider new member category for entry level students/new graduates
 - Facilitate member benefits offered from XP Squared Increase
- **Public Relations Committee**
 - Facebook postings to once a week, including AADH news, photos, press releases, etc.
 - Generate and distribute at least 4 press releases to be sent to RDH Magazine, Dimensions & ACCESS
 - Work with Membership to promote XP Squared benefits
 - Develop taking points for recruitment of membership
- **Course Approval Committee**
 - Submit amended AADH Standards to include provider violations processes to GC for approval
 - Follow up with state approval of AADH providers
- **Bylaws Committee**
 - Submit proposed amended bylaws to include removal from office and violation of duties
- **Fellowship Committee**
 - Consider amending procedures to mandate that committee participation be limited to Fellow members only
 - Review and forward Fellow applicants to GC for final approval
- **Finance Committee**
 - Investigate having an outside entity perform the AADH Audit
 - Continue to monitor AADH investments
 - Generate proposed budget for GC approval
- **Future Focus Committee**
 - Investigate accreditation opportunities for AADH
 - Generate future opportunities for consideration by the GC and membership
 - Mentoring program between long term members and new members
 - Collaborate with dental organizations
 - Investigate peer review publication that would feature AADH member research

- **AADH *TIMES***
 - Implement member communication via email newsletter service (IE Constant Contact)
 - Increase number of issues from 2 to 4 per year
 - Reformat *TIMES* layout
- **Annual Meeting Committee**
 - Submit speaker proposals for 2013 Annual CE at UOR
 - Implement new Annual meeting format for Tuesday late afternoon with networking session (3 hours total)
 - Consider hosting a CE meeting outside of Annual meeting

Financial:

This year AADH continues to have a solid fiscal growth through the increase in AADH Provider fees and growing membership. The GC adopted a balanced budget for the 2013/2014 year. Upon investigation it was determined that the Academy non-profit status was revoked due to a lack of response from the IRS (letter was sent to old PO box in NY). As a result the Treasurer and Finance Committee initiated and have begun the re-application process. This year the AADH donated \$200 to the Hurricane Sandy Habitat for Humanity project. Finally, the AADH fiscal year was confirmed and placed into AADH documents.

Administrative:

Mary Calka continues to oversee the administrative needs of the Academy. The GC has extended her agreement for a 2-year term vs. 1-year. An evaluation is issued and confirms the GC above satisfaction with her representation.

Annual Meeting:

This year the Annual Meeting will be held the late afternoon PRIOR to the beginning of Under One Roof to maximize participation and eliminate the need to decide between the AADH meeting and a UOR CE event. The Annual Meeting will be held July 16, 2013 starting at 3:00 pm with a networking session, followed by the business meeting at 3:30 – 5:30 pm.

The Academy CE event will be held on Wednesday, July 17, 2013 at 10:00 am and feature AADH Member Sharon Zastrow, RDH speaking on “Implementing the Standard of Clinical Dental Hygiene Practice”. The Academy will also have a booth on the exhibit floor to promote membership and the provider program.

Membership:

11 new members (including one from the UK!) and 2 fellowship status were granted this year. Membership applications were handled expeditiously and in a timely manner. In addition, new members and fellows were featured in the AADH *TIMES* with a photo and bio. Clarification on member renewal drop date was issued by the GC and added to the appropriate documents.

Public Relations:

The Academy has enjoyed an increased presence on Facebook, including offering a method for interested individuals to RSVP to the 2013 Annual Meeting. In addition, press released regarding the event were issued and published through several online entities. In progress includes a series of featured online articles about the benefits of membership in the AADH.

Course Approval Committee:

The ‘look for the logo’ campaign continues to generate interest in the AADH CE Provider program. This included an increase in provider rates; updating of the Standards to include violation processes; and an updated application. Currently 17 states specify AADH as approved entities to meet CE requirements. This year the AADH approved 2 new corporate providers; 4 AADH member providers and 1 non-member provider (in process). All but 2 entities renewed their provider status. A complete an up-to-date list of providers and states can be found at www.aadh.org.

AADH Communication:

The website continues to be maintained and updated in a timely manner. The website includes all applications as well as archived issued of the AADH *TIMES*.

The *TIMES* underwent significant changes, moving from a PDF format to Constant Contact. In addition, the *TIMES* is now published 4 times a year vs. 2. This has proven invaluable in member communication regarding AADH activities, opportunities ‘beyond the chair’, members in the news, new member profiles, and more! The response has been overwhelmingly positive. To assure all members access the *TIMES*, it is send out in a PDF format 4 weeks post publication and archived at www.aadh.org

AADH Sponsors:

The Academy is fortunate to have the continued support from Philips Oral Healthcare. Sponsorship from Sunstar has also been confirmed. Our sponsors’ logos are featured on the home page of www.aadh.org and featured in the *TIMES*. We extend our appreciation to both of the companies!

Future Focus Committee:

The committee this year has generated a Steering Committee to investigate accreditation of BS degree completion programs by the Academy in collaboration with O’Hehir University. AADH members at large, educators and leaders make up the committee. Work is currently in the needs assessment phase. A meeting has been scheduled immediately following the Annual Meeting in Las Vegas.

Recommendation:

- Leadership Opportunities! Contact Lynn or Kristy to become involved in AADH leadership!



During this 100th anniversary of dental hygiene, we acknowledge and honor the creative and innovative thinking of Dr. Alfred C. Fones in the creation of the profession of dental hygiene, and look ahead to the opportunities before us as we go forward into the 21st century. The creation and development of the Advanced Dental Hygiene Practitioner is the next step in the evolution of the profession of dental hygiene.

Christel Koppel Autuori RDH RYT MA FAADH was recently interviewed by Shirley Gutkowski RDH on h blogtalkradio/crosslinkradio. In this interview, Christel described her participation in the Forsyth Rotunda project from 1972-1974. This project, in which ten registered dental hygienists were trained to perform all phases of restorative dentistry (including irreversible as well as reversible procedures), served as the precursor to and the model for the creation and development of the

Advanced Dental Hygiene Practitioner.

A link to the interview:

<http://www.blogtalkradio.com/crosslinkradio/2013/06/18/christel-autuori-describes-the-forsyth-project>

Christel, who has practiced clinical dental hygiene for four decades, is a former faculty member at the Fones School of Dental Hygiene and a former president of Cape CARES (Central American Relief Efforts), a humanitarian organization providing medical and dental care to the impoverished in Honduras. In addition, she is a registered yoga teacher, a certified AcuYoga teacher, and a certified Reiki master. Christel has combined her passion for dental hygiene with her passion for integrative health and is the owner of Integrative Health of Connecticut LLC (www.integrativehealthct.com) In addition to providing an integrative health consulting and coaching, as the Dental Yogini, she offers courses and workshops for dental professionals such as "Yoga off the Mat and into the Dental Operatory" which she presented earlier in 2003, at the Womens Conference at the Yankee Dental Congress in Boston.



Margaret J. Fehrenbach, RDH, MS, received the **AC Fones Award** at 2013 ADHA Annual Session in Boston, MA, for her 25 years of ADHA membership, achievement in education, and leadership by citing her contribution to the landmark textbook, [Local Anesthesia for the Dental Hygienist](#) (Elsevier) as well to furthering this expanded duty in many states. She also recently authored an article in ADHA Access (July 2013), "[Wazzup with Webinars: Best Practices in Dental Hygiene Webinar Education](#)". Finally, she was interviewed on Cross Link Radio by member Shirley Gutowski, RDH, BSDH, FACE, on "[Dental Science of Tooth Whitening Wizardry: A Patient's Perspective](#)" ([See transcript](#))

Edie Shuman-Gibson, RDH, BSDH, MSc, FADIA, was awarded the Sunstar Award of Distinction at the 2013 Under One Roof Conference in Las Vegas, NV. Edie's passion and calling is to positively affect and change lives. Early in her career she was involved in the development of the International Congress of Oral Implantologist and the co-creator of the Dental Hygiene Implant Certification Program. In 2003, she opened her own independent dental hygiene practice in Colorado, called About Face Dental Hygiene Spa. The compassion and education that Edie provided in this small rural mountain town changed lives. In 2012, Edie was invited to Saudi Arabia to be the Inaugural Speaker of the Arabian Dental Hygiene and Dental Assistant Associations. Edie is acquiring an MS in Psychology with a focus on addictions to become a Certified Addiction Counselor. She and her husband currently run the New Adams House, a transitional living facility for men recovering from addictions. In addition, she recently was a contributing author to the Best Selling book, "Overcoming Mediocrity".



Kris Potts, RDH from Fort Worth, TX will take office as the Texas Dental Hygienists' Association President on September 29th 2013. Kris and has been a Licensed, Registered Dental Hygienist since 1979. Her current employer is Wasatch Sales Force Management, through which. She travels extensively presenting educational courses regarding xylitol to dental offices, study clubs, component meetings and others on a state and national level. She is the Immediate Past President of the Greater Fort Worth DHS where she served a three year term. She has held numerous positions within Texas DHA over the last several years and served as a Delegate representing Texas to ADHA. She attends as many career enhancement, educational and leadership conferences and workshops as she can, and is currently pursuing a Bachelor of Science in Oral Health Promotion. She is looking forward to her term as Texas Dental Hygienists' Association President for 2013-2014.

Congratulations!



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OF DENTAL HYGIENE

TIMES

MEET AADH NEW MEMBERS!

Summer • 2013



Tim Ives, BSc, RDH has over 20 years clinical experience in several countries and several post graduate qualifications to work out that he still has so much to learn. He's a serial learner and is addicted to studying. His time is divided between clinical practice in UK and international education and graduated as a teacher last year. He is a co-founder of O'Hehir University, the world's first international on-line virtual university

for dental hygienists and therapists. *Pictured: AADH President Kristy Menage Bernie, RDH, BS, RYT issuing Tim's membership certificate and pin at the 2013 ADHA session held in Boston, MA.*



Susan Savage, RDH, BSDH graduated from Indiana University School of Dental Hygiene in 1988 and then graduated from Eastern Washington University in 2005. She is a past president of the Washington State Dental Hygienists' Association and currently the immediate past president of the American Dental Hygienists' Association. For the past 18 years she worked as a clinical dental hygienist and business manager of her and her spouse's dental practice. She has volunteered in numerous capacities within organized dental hygiene and has a varied background as a clinician working in rural Alaska as a public health dental hygienist. She is an expanded functions dental hygienist in Washington State and is excited to stay involved in organized dental hygiene to watch its progress on a state and national level. To that end, Sue is passionate about our future colleagues and enjoys presenting to students across the country.



Jodi L. Olmsted, RDH, BS, MS, Ed.S, Ph.D is an Assistant Professor at the University of Wisconsin~ Stevens Point (UWSP) in the College of Professional Studies, School of Health Care Professions~ Health Sciences Program. Jodi occasionally clinically practices dental hygiene, but has taught over 22 years, including dental hygiene, leadership, health sciences, education & teaching certification courses. With three statewide team members, she wrote Wisconsin's local anesthetic & pain management curriculum in 1999. She has written & presented numerous continuing education and training programs for educators, dental hygienists, long~ term healthcare providers, and future leaders. She has published several research articles in various juried journals, primarily focused on using Distance Education (DE) and improving teaching practices. Jodi received the ADHA Irene Newman Professional Development Award in 2008 and an "Excellence in Teaching" Award in 2013 from the UWSP Sigma Alpha Pi chapter of the National Society of Leadership & Success. Jodi currently serves on ADHA's Council of Research and as an Editorial Peer Reviewer for the *Journal of Dental Hygiene*. She is the owner, president and distance education consultant for Kaleidoscope Consulting, LLC .

CONGRATULATIONS!



AMERICAN ACADEMY OF DENTAL HYGIENE

2013/2014 AADH Officers & Governing Council

President



Kristy Menage Bernie, RDH, BS, RYT (2012-2014 term) is a graduate of the University of Maryland with a BS in dental hygiene, is the Director of Educational Designs, a national corporate consulting company based in San Ramon, CA and a registered yoga teacher. She is an international speaker on a variety of topics as well as a facilitator of workshops for educators in dentistry. As a frequent contributor to national publications, she has served on numerous editorial boards, and has authored a chapter on Oral Malodor in the latest edition of Mosby's Dental Hygiene textbook. Kristy has been quoted in Esquire Magazine, Women's Health Magazine, interviewed by ESPN Radio and featured on the cover of the December, 2011 RDH Magazine. She has been featured on major dental and dental hygiene conventions and is known for facilitating interactive, fast-paced sessions based on the latest technologies and research.

President Elect

Lynn Southerland, RDH, BSDH, FAADH (2012 – 2014 term) graduated from Tyler Junior College in 1987 and East Tennessee State University in 2010. She currently practices in private practice in Harker Heights, Texas. Lynn has had over 30 years' experience in the dental field. She has practiced as a dental assistant for over 5 years and has been a practicing Registered Dental Hygienist for 26 years. She prides herself on the quality of care she offers her patients in a comfortable atmosphere. Lynn has volunteered with several local organizations and within the dental hygiene arena has held numerous positions at the federal, state, and local levels.



Secretary



Lisa F. Harper-Mallonee, BSDH, MPH, RD, LD (2013 – 2015 term) received a Bachelor of Science in Dental Hygiene and a Masters in Public Health with a coordinated degree in nutrition from the University of North Carolina at Chapel Hill. Lisa is an Associate Professor and Registered Dietitian at Texas A&M, Baylor College of Dentistry, Caruth School of Dental Hygiene. In addition, she supervises a rotation for the Baylor University Medical Center dietetic interns providing an opportunity to observe and provide collaborative care in the dental clinic setting. Lisa's passion for educating patients, students and professionals about the oral health-nutrition link has been the hallmark of her career.



AMERICAN ACADEMY OF DENTAL HYGIENE

2013/2014 AADH Officers & Governing Council

Treasurer

Cynthia Koons, RDH, BS, MBA (2012 – 2014 term) is an assistant professor of dental hygiene at Rhodes State College in Lima, Ohio, where she teaches both didactic and preclinical courses, and is the Quality Assurance Coordinator for the dental hygiene program. She is a 1977 graduate of West Liberty University, West Virginia, where she earned a Bachelor of Science in Dental Hygiene. Cyndy practiced full time as a clinical hygienist for 25 years, and in 2001, she earned a Master of Business Administration from The University of Findlay. She has been a member of the American Dental Hygienists' Association and the Ohio Dental Hygienists' Association for 36 years. In the past, she served as secretary and delegate for Northwestern Ohio Dental Hygienists' Association. In 2009, Cyndy was accepted for membership in The American Academy of Dental Hygiene, and later served as Chair of the Finance Committee. She is now beginning the second year of her term as AADH Treasurer.



Immediate Past President



Diane Brucato-Thomas, RDH, EF, BS, FAADH, OMT (2012 – 2014 term) is a creative writer/storyteller with published articles and short stories in *Chicken Soup for Soul*, *Love is the Best Medicine*, and a Grand Prize story republished in *Kids in the Dental Office*. In 2008, Diane was recognized as the first recipient of *ADHA/Hu-Freidy Master Clinician Award* and *AADH Fellowship in Periodontics*. Having served as 2009-2010 *Hawaii Dental Hygiene Association* President, she, twice each, received *HDHA Outstanding Member, Dedicated Member*, and the *Rosie Wall Community Spirit Grant*. She was among the first recipients of the *Sunstar/RDH Award of Distinction*. Diane has limited clinical practice to conservative periodontal therapy/endoscopy and is expanding as orofacial myofunctional therapist/Buteyko Practitioner. Her new practice is called *Tung Fu Masters, LLC*



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2013/2014 AADH Officers & Governing Council

Governing Council Members



Sherri Lukes, RDH, MS (2013 – 2015 term) is an Associate Professor, dental hygiene, at Southern Illinois University Carbondale. She teaches Oral Pathology, Community Oral Health, Multicultural Experience in Dental Hygiene and Advanced Periodontics clinic. Her research concentration is in oral pathology, migrant farmworker oral health, and issues of other underserved groups. She serves as chair of the Public Health Committee, Illinois Dental Hygienists' Association and is Treasurer and Legislative Chair for the Southern Illinois Dental Hygienists' Society. Her community service includes annual mission trips to central Mexico. Sherri has received various awards; the most recent include Community Service Award, Teacher of the Year, IL Oral Health Champion and Sunstar/RDH Award of Distinction.

Edie Shuman-Gibson, RDH, BSDH, MSc, FADIA (2013 – 2015 term) has nearly three decades in the field of dentistry, 20 exclusively in implants. She is the Founder/CEO of *IHS Empowerment Group*, a Clinical Trainer for The Implant Consortium, the former Executive Director, Certified Educator and founding Fellow of the Association of Dental Implant Auxiliaries (ADIA). For over 7 years, Edie owned a private dental hygiene practice until spinal surgery ended her clinical career. She served on the Editorial Review Board for the *Journal of Practical Hygiene*, is a Thought Leader for Hu-Friedy, a Key Opinion Leader for Crown Seating and PDT Instruments, and a published author.



Nancy Ryan Barnes, RDH (2013 – 2015 term) is a member of ADHA, IFDH, AADB, founding member of AADH, and Education Coordinator for several dental hygiene component associations. She has held several leadership positions for NYSDHA and was instrumental in securing original legislation in New York, introduced by DHASNY, recognizing hygienists and mandated continuing education requirements. She has written articles for *AADH Times*, *ADHA Access* and *Contemporary Dental Hygiene*. Nancy has presented continuing education courses nationally and internationally. She is currently on the Steering Committee and an examiner for NERB. She retired from the position of Executive Director of the AADH in 2008.



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Sarah Hornsby, RDH, BS (2013 – 2015 term) is a dental hygienist specializing in myofunctional therapy. Her focus is the tongue, airway, and facial musculature, and how these parts of the body connect to general health. Her career has taken some interesting turns as she has ventured into an area of healthcare that is not well-known. Her goal is to educate patients and professionals about this field, so that more people can find the treatment they need. I also mentor hygienists who would like to incorporate myofunctional therapy into their own careers. My dream is that one day this will be a treatment offered in every dental office.



Dona Schulz Gabzdyl, RDH, BS, MBA (2012 – 2014 term) is the Director of Clinical Hygiene for a large network of corporate-owned dental practices located in the southwest United States. Dona provides clinical support along with coaching, developing, training and mentoring for nearly 80 hygienists, 100+ dentists and their dental auxiliary team while incorporating the most current, evidence-based science and research into their practices. Dona is a published author, professional speaker, key opinion leader, consultant, website developer and webinar presenter specializing on topics such as periodontal disease, caries prevention, geriatrics, practice management, new products and technology and communication.

Dona is an active American Dental Hygienists' Association member, Governing Council member for the American Academy of Dental Hygiene, past ADHA and Illinois DHA delegate, past president of the North Suburban Dental Hygienists' Society, community outreach volunteer, 2011 RDH Magazine/Sunstar Award of Distinction, 2009 ADHA/Johnson & Johnson Hygienist Hero, and 2005 Elk Grove Township Service to Community recipient. Dona resides in Aurora, CO and is a mother to three children.

Anita Roth, RDH, MS (2012 – 2014 term) received a Bachelor of Science in Dental Hygiene from Farmingdale State College and a Masters in Dental Hygiene Education from the University of Bridgeport. Anita is a Clinical Instructor in the Dental Hygiene Department at New York University College of Dentistry and is currently a Research Coordinator at the Center for Learning & Innovation. Anita's passion for dental hygiene is in the science, research and educating patients, students and professionals about the oral systemic link. She serves as the Chair of the Finance Committee and has served as a member of numerous AADH committees.

